

# Lyon Park Citizen

October 2021

Lyon Park's listserv, located on NextDoor, is a secure, private social network and an easy way for neighbors to connect and share information. It's free.
Lyon Park neighbors use this app and/or website to:

- Hear opinions about stopping for school buses
- Find a window washer
- Ask for advice about poisonous plants
- Locate a lost package!

Join here:

www.nextdoor.com/join Code: SBCFNC

### October Meeting October 13, 2021

### **Possibly at** Zitkala-Sa Park

#### Otherwise at

https://zoom.us/join Meeting ID: 871 7118 4392 Passcode: volunteer

Come or log in as early as 7 PM to make sure your system works and to engage in some small talk. Agenda items begin promptly at 7:30.

Please pay your annual dues! See Page 7

### President's Message

Welcome to October! We are excited to serve as your LPCA Co-Presidents. These are the principles guiding our service to the Lyon Park community this coming year:

- 1. Lyon Park is a welcoming, supportive community to all our neighbors. The Covid-19 pandemic has brought out the best in many of our neighbors and laid bare the inequities and hardship that many neighbors are experiencing. We will provide information on County programs that provide services, like housing assistance and food. We will continue to participate in the County's Discussions on Race and Equity. A number of people have moved into Lyon Park over the past year or more, and we will make an effort to greet neighbors and issue a personal invitation for them to engage with the community. Please consider this a welcome to the neighborhood and an invitation to engage with us. We will strive to make sure that we are responsive to our community's needs.
- 2. Lyon Park is a fun, active neighborhood with a number of ways to engage. We will make sure that time-honored traditions continue, such as the October Parade of Costumes and the annual Halloween bonfire, where the not-Just-for-Women-Club serves donuts and cider, and the Lyon Park Spring Fair. We will bring back some newer traditions, such as our Food Truck Festival at Lyon Park. And we are open to hearing new ideas you may have to bring our neighborhood together.
- 3. Communications from the LPCA Board with Lyon Park residents are reliable, informative, and inclusive. We are looking for ways to increase participation in monthly meetings, and we know this begins with interesting speakers and topics and ample meeting notice. We have also heard complaints about the NextDoor platform that replaced our neighborhood listserv, so we will begin a project to replace NextDoor this year. Please contact us if you are interested in helping.

Monthly LPCA meetings are held on the 2nd Wednesday of each month at 7:30 PM, with time for socializing at 7 PM, before the meetings begin. The meetings have been virtual since last year, but in October we hope to meet at the newly-renovated Zitkala-Sa Park (on 7th Street between N. Garfield and N. Highland Streets). We heard many attendees at the September LPCA meeting ask questions about park planning (and why Zitkala-Sa Park has taken so long to complete), and about community planning and zoning especially in regard to the long-range planning process for the Days Inn site at the corner of Arlington Blvd. and Pershing Drive. For our October meeting, a staff member from the Arlington Department of Parks and Recreation will answer park-related questions, and County Board member Takis Karantonis will speak with us about Arlington planning processes. We aren't yet sure if Zitkala-Sa Park will be open and available on October 13. If it isn't, we may hold the meeting via Zoom instead. Please check the LPCA website at LyonPark.org to confirm the location closer to the date.

We are always interested in your ideas or offers for assistance. Please reach out to us at LyonParkPresident@gmail.com. We hope to see you at the October 13 LPCA meeting and around the neighborhood!

Thora Colot and Kathleen McSweeney, LPCA Co-Presidents

### **Classified Ads**

GET SOMEONE'S ATTENTION! The Citizen is hand delivered to 1,900 households every issue.

#### **TEEN SERVICES**

Interested in including your free teen ad? Visit www.lyonpark.org/library to share your information!

- Max Kiriakou, 17, yard work, shoveling, lawn mowing, trimming, yard work. I have my own equipment! Phone/Text: (571) 244-8982
- Kate Kiriakou, 15, Babysitter, mother's helper, odd jobs, plant sitter. Red Cross certified. Phone/Text: (703) 587-9277
- Delaney Loughney, 15, Babysitter, odd jobs, plant sitter, dog walker, pet sitting.. Text: (571) 458-0512
- Finn Loughney, 18, Odd jobs, dog walker, plant sitter, shoveling. Text: (571) 289-4823 Email: finnloughney@gmail.com
- Mae Seward, 15, babysitter, mother's helper. Red Cross certified. Available Fridays after 3 PM and Saturdays and Sundays after 12 PM. Phone/text: (703) 473-3378.
- Sylvia Goldener, 14, babysitter, mother's helper, plant sitter, odd jobs. Text/Email: (703) 401-7234 sylviagoldener@icloud.com, Red Cross certified
- Ella Bomberger, 16, babysitter, mother's helper, dog walker, plant sitter. Fully vaccinated. Text: (571) 775-9205. Red Cross babysitting certification
- Morgan Thomas, 13, experienced dog walker, cat visits, plant sitter. Text: (240) 810-
- Josie Whitaker, 14, babysitter, plant sitter. Red Cross certified. Text: (703) 717-1993
- Lauren Thomas, 16, babysitter, mother's helper, plant sitter, dog walker. Red Cross babysitting certification. Text: (571) 352-0605
- Layla Eisenberg, 14, babysitter, dog walker, mother's helper, pet/plant sitter. Red Cross certified. Text: (703) 300-5535
- Cameron Hershey, 14, yard work, shoveling, odd jobs, dog walker, cat visits, glass recycling, mother's helper, plant sitter, babysitter. Phone, Text: (703) 505-9729 Email: mhershey28@gmail.com
- Natalie Urais, babysitter, dog walker, pet sitting, yard work, odd jobs, pet sitting,



### **Trees in Lyon Park Not for Climbing!!!**

The accompanying picture shows damage to an ornamental tree in Lyon Park.

Kids did it while climbing.

We want children to play on the equipment, but they should stay clear of the trees. Climbing on trees is not safe for trees or for kids.

Parents: Kindly be vigilant when you take your kids to Lyon Park, and please tell children that tree climbing is not allowed because it can hurt the trees.

The Lyon Park Citizens Association P.O. Box 100191, Arlington, VA 22201

#### LPCA EXECUTIVE COMMITTEE

Co-Presidents

Thora Colot and Kathleen McSweeney LyonParkPresident@gmail.com

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Vice-President/Business Liaison

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Secretary/Historian

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**Membership Chair** 

Darcy Rosenbaum

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Sargeant at Arms

Jamie Seward

jkseward@hotmail.com

Member at Large

Julia Young

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John Goldener

goldener@gmail.com

#### **COMMUNITY CENTER BOARD OF GOVERNORS**

Jeannette Wick. Chair (703) 524-8531 jywickrph@aol.com

#### **IMPORTANT CONTACTS**

**Community Center Rental Agent** 

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rent@lyonpark.info

Clarendon Alliance Representative Debbie Kaplan

debbiekaplandk@gmail.com

Civic Federation Reps

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**Doorways for Women and Families Liaison** Saif Amin saiful.amin@gmail.com

**Newsletter Editor** 

Jeannette Wick

Submissions

Send photos and articles to lyonparkeditor@gmail.com

Distribution

(571) 239-1790 Kim Franklin hblufftonjoy@gmail.com

### Lyon Park ANNUAL YARD SALE Saturday, October 30, 2021

The Lyon Park Community Center will hold its annual yard sale on Saturday, October 30, 2021 from 8 AM to 1 PM in Lyon Park. This is a rain-or-shine event. Please note for this event, you must pre-pay, and the deadline is Friday, October 22.

Unload all your accumulated trash – or TREASURE!

Rent one space for \$15 or two for \$25

Residents and guests (yoo hoo! Ashton Heights?!?!?!) are encouraged to participate

Need a table? Rent ours for \$5 each.

Let us do the advertising and attract the crowd.

For information, or to volunteer to help, contact Margaret Scrymser at <a href="mailto:scryms23@comcast.net">scryms23@comcast.net</a>



## Halloween in Lyon Park

There's no place like Lyon Park!

- Parade of Costumes, Saturday, October 30 (weather-dependent)
  - □Goblins, witches, fairies, front line workers, delivery people, and superheros should appear in the park before II AM; parade starts at II AM promptly
  - □If you want bring treats (cookies, fruit, etc) to share, please contact Paul Showalter at lyonparkevents@gmail.com
- Keep an eye on Nextdoor and the LyonPark.org website for updates on the parade from your neighborhoods spooky crew.
- The Bonfire, normally scheduled for Sunday October 31, will not be held this year. Please do not bring wood to the park.

### The Rumors of Its Death are Somewhat Exaggerated

### Bill Anhut, Lyon Park's Tree Steward

The leaves of the 100-year-old white oak located near the Lyon Park Community Center's northeast corner, have quickly turned brown. This marvelous tree witnessed the initial building and subsequent renovation of the community center. It has been weakened by the *Hypoxylon Canker* (a fungal infection that causes dry rot and ultimately death of hardwood trees), and several years of alternating extremely hot, dry and wet weather. Then, those noisy, hungry, and promiscuous cicadas used it as a



playground. The incredible rains of August 2021 brought nine inches of rain, well exceeding the 3.25 inch norm. As a result, weak trees all over the County are prematurely turning brown like our tree.

Our tree is not dead, yet. There will be some die off among the branches this fall and winter, but other parts of the tree will leaf-out and be green again next year. At this point, the tree is not a danger, as our tree crew pruned many limbs from the tree this past spring. Regardless, there comes a time when we must acknowledge the inevitable and stop paying large sums to prune the remaining branches of the tree.

Our arborist will assess the options and give the Board of Governors his recommendations later this fall. Please visit our old friend and give your regards. It may be your last chance. I have obtained much favorable comment about the possibility of carving the three tree trunks south of the community center building. We will consider also leaving the white oak's trunk for future carving.

If you'd like to honor our faithful oaks and ensure their legacy, please consider collecting acorns from your healthy oaks and donating them to the Virginia Department of Forestry.

See page 5 for more information.

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### Arlington County's New Food Scrap Program: Let's Do It! Elaine Simmons

All the food you don't eat creates methane, which has 80 times the warming power of carbon dioxide over the first 20 years after it reaches the atmosphere. So do your part to help the environment by collecting food scraps; the County now makes it super easy!

Step 1 - Place food scraps in the beige plastic collection caddy provided by the County lined with a compostable bag or a paper bag. Or use your own container.

- o The list of acceptable materials is huge: meat, fish, poultry, bones, dairy products, vegetable and fruit trimmings, eggshells, coffee grounds and their paper filters, nuts, seeds, pits, bread, pasta, rice, paper towels, napkins, and wow, even greasy pizza boxes!
- DO NOT USE A PLASTIC BAG TO HOLD THESE ITEMS. Using plastic means all your scraps end up in the trash, thereby defeating the whole purpose of this effort.
- o DO NOT INCLUDE PET WASTE, KITTY LITTER, OR CHEMICALLY SOILED ITEMS. This material goes in the trash

Step 2 - Place food scraps contained in compostable bags, paper bags, or loose in the green organics cart along with your yard trimmings.

 Yes, "loose," which appears to mean you can just dump your collected food waste in with your yard waste, without a compostable bag.

Step 3 - Place the green organics cart at the curb every week on your collection day by 6:00 AM. Crews will pick up the food scraps with regular curbside collection.



You might ask, "What about mulch we get from the county?"—how does this work? A call to the County indicated that the yard waste plus the food waste put into the green yard waste bin will be sent to a compost facility to "cook" for months and become loam. The leaves collected from the suction truck in the fall and the yard waste collected in paper bags on collection days will make mulch.

Many of us plan to continue to compost a more select list of material (fruit, vegetables, dryer lint) to make plant-loving loam for our own yards, but toss everything else into the County's beige compost bin and then into the yard waste bin. The county provides a

starter roll of compostable bags; it is easy and cheap to order additional compostable bags off the Internet or various stores locally.

#### **Please Collect Your Acorns**

The Virginia Department of Forestry (VDOF) is asking Commonwealth residents to donate acorns and nuts. This acorn drive will help reforest Virginia's open land with trees that are accustomed to the region's climate and benefit the environment. VDOF grows hardwood seedlings at the Augusta Forestry Center outside of Charlottesville and then sells them to Virginia's landowners to plant.

The department needs 12 species of trees this year:

- Black Oak
- Black Walnut
- Chinese Chestnut
- Chestnut Oak
- Live Oak
- Northern Red Oak
- Pin Oak
- Southern Red Oak
- Swamp Chestnut Oak
- Swamp White Oak
- White Oak
- Willow Oak

Collect mature acorns from healthy trees that do not have any odd growths. Mature acorns are typically light to dark brown; avoid green acorns. If the cap has already fallen off, that's fine. Also collect from trees that are spaced away from other acorn-producing trees. That ensures that the acorns you gather are from the species you indicate on the label.

Place the acorns into a burlap or paper bag and label each species clearly.

Deliver acorns and nuts to the VDOF office by October 16. You can mail your collections to Augusta Forestry Center at 90 Forestry Center Lane, Crimora, Virginia, 24431.



### Advertise in The Lyon Park Citizen

The Lyon Park Citizen is hand delivered to 1,900 homes around the 10th of the month from September through June (10 issues), with artwork and copy due the 20th of the previous month. These are our advertising rates:

Ad size	Measures (In inches)	Cost
Business card	3.5 by 2.3	\$85/month color \$59/month B&W
Quarter page	3.5 by 4.5	\$130/month color \$89/month B&W
Half page	7.5 by 4.5	\$210/month color \$149/month B&W
Full page	7.5 by 9.5	\$350/month color \$249/month B&W
Full page free- standing insert	8.5 by 11	\$450/month color \$400/month B&W

We offer a 5% discount for residents who have paid their LPCA dues, and an additional 10% discount for advertisers who commit to three or more months in a row. A designer will draft artwork for an extra 10% charge. Contact

lyonparkeditor@gmail.com to reserve space.

### **Arlington County Welcome Kit for New Residents**

New residents can download a handy 4-page Welcome Kit with information on the County, contacts for various County Government departments, and information for getting involved in the community. You may access the kit online: https://arlingtonva.s3.amazonaws.com/wp-

content/uploads/sites/21/2018/05/Welcome-Kit-2018.pdf

A comprehensive list of topics and County services may be found online as well: https://topics.arlingtonva.us/welcome-kit/

Hi Jeannette -

One of our neighbors lives on the border of Ashton Heights and Lyon Park. She receives newsletters from both neighborhoods. She asked me to deliver two copies of the LP newsletter to friends who live on the Ashton Height side of Irving Street.

Moving forward, she sent the link to the March LP Citizen to her friends. She also suggested adding the link to the Ashton Heights newsletter to the LP Citizen and asking the Ashton Heights newsletter editor to include a link to the LP Citizen in all future newsletters. She (like so many other neighbors) enjoys reading both newsletters. Can you make that happen?

Helen

Can do!!! Find Ashton Heights newsletters here: https://ashtonheights.org/ahca-newsletter/









# Fall Family Celebration

Saturday, October 23 | Noon to 3:00 pm Columbia Gardens Cemetery Grounds

**Let us know if you will come.** Call 703.527.1235 or email info@columbiagardenscemetery.org. 3411 Arlington Blvd., Arlington, VA 22201

Celebrate fall with us at a special afternoon filled with activities for adults and children.

- Explore the grounds with the Agents of Discovery App
- Attend a tree planting demonstration by the Tree Stewards of Arlington
- & AlexandriaPaint a pumpkin
- Learn how honey is made from our beekeeper
- Enjoy delicious refreshments and more!



ESTABLISHED 1917

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### **Community House Rental Rates**

Lyon Park and Ashton Heights residents are eligible for resident rates, but cannot sponsor non-resident events.

### Monday – Thursday (8 AM–10 PM, 4 hour minimum)

<75 guests, \$50/hour resident; \$125/hour non-resident >75 guests, \$75/hour resident; \$125/hour non-resident

Friday, Saturday, Sunday, Holidays
HALF DAY (8 AM-2:30 PM or 3:30-10 PM):

\$400 resident; \$1050 non-resident

WHOLE DAY (8 AM-10 PM):

\$750 resident; \$1,900 non-resident

Children's Birthday Rates for children 10 and under, maximum 40 attendees, booked <2 months in advance: Four consecutive hours ending before 2 PM, small kitchen use only— Includes the time you will need to set up and clean up.

\$200 resident; \$500 non-resident

### **Grounds preservation fees:**

- \$30/inflatable (can only be rented from Arlington TEAM)
- \$30/pole tent (floored tents are not allowed)
- \$100 grounds fee for ponies, petting zoos, large events

Use of inflatables and/or tents must be approved in advance and specified in rental contract.

A security deposit is required for all rentals.

#### **MAKE A RESERVATION TODAY!**

Check online calendar for availability and complete the online reservation form at <a href="https://www.lyonpark.info">www.lyonpark.info</a>

### Find news and more pictures on Facebook at https://www.facebook.com/lyonparkcommunitycenter

## TA-DAAA! A New Set of Volunteers at the Helm

It is with great pleasure that we announce the 2021-2022 Lyon Park Citizens Association (LPCA) officers. These volunteers form the leadership team for our civic association structure, and are our liaisons with the County and other civic associations in Arlington. They also help plan and lead many events in our Lyon Park neighborhood, including special events such as holiday parties and food truck events, and monthly community meetings.

• Co-Presidents: Thora Colot, Kathleen McSweeney

VP Development: Aaron SchuetzVP Business Liaison: Bess Zelle

• Treasurer: Bill Anhut

Sergeant-at-Arms: Jamie Seward
At-Large: Julia Young, John Goldener
Secretary/Historian: Elizabeth Sheehy

• Membership Chair: Darcy Rosenbaum (acting)

We also have a new team representing the LPCA on the Board of Governors (BoG) for the Community Center. The BoG manages all aspects of the Park and Community Center, which are common assets owned by the community. The BoG includes five elected members from the LPCA and the Lyon Park (not-just-for) Women's Club. The LPCA representatives this year are:

- Bill Anhut
- Natalie Roy
- Aaron Schuetz
- Paul Showalter
- Bess Zelle

We are (truly, finally!) planning for a return to in-person community events, something we have all missed. There are many opportunities to get engaged over the coming weeks and months. For example:

- Want to get more involved in planning and leadership at the County level? Join the Arlington Civic Federation as a LPCA representative.
- Want to help plan events here in Lyon Park? We have openings for a head of Membership on the LPCA, and we always need volunteers to help bring the events together.
- Interested in these or any other opportunities? Contact LyonParkPresident@gmail.com

Thank you to all the volunteers who helped keep things running during challenging times over the past year and a half, and welcome to all of our new neighbors who have moved to Lyon Park during this time.

- The Lyon Park Citizens Association

### Lots of Chatter about Dead Birds: What's Up? UPDATE

In Spring 2021, wildlife managers in Washington D.C., Maryland, Virginia, West Virginia, and Kentucky began receiving reports of sick and dying birds A notable symptom was eye swelling and crusty discharge coupled with neurological signs. As spring turned to summer, people in Delaware, Indiana, New Jersey, Ohio, and Pennsylvania also reported similar birds. Most sick birds were fledgling (young) common grackles, blue jays, European starlings, and American robins. Experts indicate that younger birds don't have fully-developed immune systems and cannot respond to a parasite or pathogen that may be harmelss to an adult bird.

The Virginia Department of Wildlife Resources (DWR) monitored the event in the Commonwealth closely. DWR received more than 1,400 reports of sick or dying birds between May 23 and June 30, with roughly 450 of the cases involving eye issues and/or neurological signs.

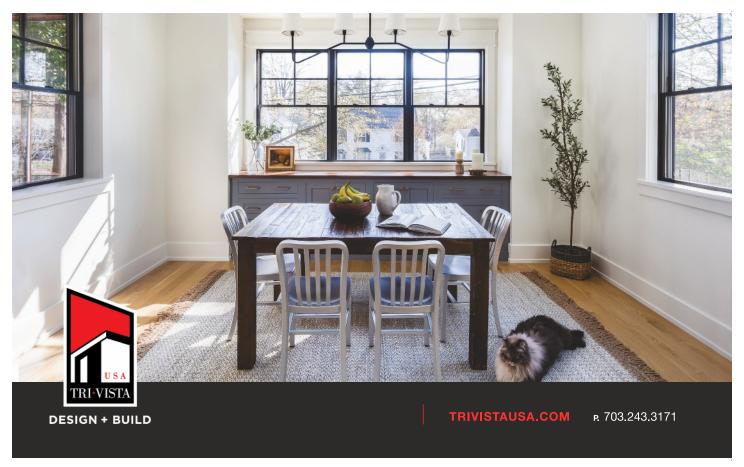
Public health and wildlife officials from all affected areas are continuing to investigate in collaboration with multiple esteemed diagnostic laboratories. One problem has been that birds decay quickly when they die. The labs have ruled out salmonella and chlamydia (bacterial pathogens); avian influenza virus, West Nile virus and other flaviviruses, Newcastle disease virus and other paramyxoviruses, herpesviruses and poxviruses; and Trichomonas parasites. Additional testing is ongoing.

DWR advised taking down bird feeders at first but have given the go-ahead to replace them to help migratory flocks as they head south. As you put bird feeders back out

- Clean feeders and bird baths with a 10% bleach solution (one part bleach mixed with nine parts water), rinse with water, and allow to air dry
- Avoid handling birds unless necessary. If you do handle them, wear disposable gloves. If picking up a dead bird, place a plastic bag over your hand to avoid direct contact with the bird
- Keep pets (including pet birds) away from sick or dead wild birds as a standard precaution

Bird feeders often spread avian diseases (e.g. trichomonas, avian pox, salmonella, mycoplasma). Infectiond like that can lead to similar symptoms to what we're seeing here.

If you encounter sick or dead birds in Virginia, please submit an event report. To dispose of dead birds, place in a plastic bag, seal, and discard with household trash or alternatively bury them deeply. DWR will alert the public when the mortality event has concluded. DWR will share information as it receives diagnostic results.

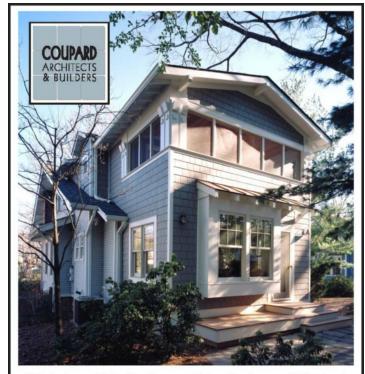


### See a Problem? Report it.

Arlington County has a handy tool to report problems that are theirs to handle. Here's what you can report:

- Street lights/park lights
- Graffiti
- Bus stops
- Signs (traffic, stop, parking)
- Parking meters
- Streets (potholes, concrete, gutter)
- Parks (dog park, facility, field, playground)
- Trails maintenance
- Trees & mowing on County property
- Litter
- Trash/recycling
- Water repair (utility cover)

Here's the link:



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### Puzzled? Who You Gonna Call? Not Ghostbusters!

Many people think that the Community Center/Park and the Lyon Park Civic Association are the same entity. While they are closely related, they have different roles and responsibilities.

Lyon Park's organization can seem confusing with good reason; Lyon Park has a civic association; a not-just-for-Woman's Club; a community house and park and its governing body and rental agent. Use this guide when you need to address specific problems.

The Lyon Park Citizens Association (LPCA; lyonpark.org) is one of 57 such organizations in Arlington. County government communicates with and through civic associations to maintain and enhance neighborhoods. A list of the LPCA's elected officers, appointed representatives, and volunteer workers appears on page 2 of this newsletter. LPCA is often a liaison to the County's planning, traffic, parks and recreation, or historic preservation departments. Refer neighborhood and County issues to LPCA. The LPCA meets on the second Wednesday of the month from September to June. To join the LPCA, you simply have to pay your dues!

Since 1924, the **Lyon Park Woman's Club** has supported the community center and park. Over the years, club activities have included support for the County Library and Arlington Hospital, and volunteer work with other charitable programs. Its numbers were dwindling, but this group has rallied and has now raised thousands of dollars for the community center. Interested in joining? We are open to all sexes/genders, and our activities include cupcake sales, which have become signature events for Lyon Park, and Reggiano Parmesan sales. The Woman's Club meets once monthly for a stupendous lunch (when possible). Contact Elizaebth Wray at (703) 522-1263 for information.

The Lyon Park Community Center (LPCC; lyonpark.info) is the lovely white community house in the park. It supports itself via rentals to Lyon Park residents and others. Its elected Board of Governors oversees management of the Clubhouse and the Park—Arlington's only privately owned park. The BOG has ten members—five from the LPCA and five from the Woman's Club. Direct questions or complaints about the clubhouse, the park, or policies to the Board of Governors in writing, at P.O. Box 100191, Arlington, 22201, or contact Jeannette Wick (see page 2).

The **Community Center Rental Agent** oversees Clubhouse rentals and advises the BOG. Cindy Stroup holds that position, and we are now booking rentals well into 2022. Reach her at rent@lyonpark.info.

CERTIFICATE OF RELEASE OF
CERTAIN PROHIBITED COVENANTS
EXEMPT FROM RECORDATION TAXES UNDER § 58.1-810(6) OF
THE CODE OF VIRGINIA

### Acknowledging a Wrong

In 2020, the Lyon Park Community Center Board of Governors voted to pursue a symbolic release of the Prohibited Covenants in our deeds. Although the Supreme Court has deemed these covenants not enforceable, many people (individuals and organizations like ours) are taking this ceremonial action to say we know this happened, we acknowledge it was wrong, and it won't happen again here.

The offending clause in our deeds read, "The parties hereto expressly agree...that.. [N]either this land nor any part thereof nor any interest therein shall be loaned, sold or leased to anyone not of the Caucasian race."

We executed a Certificate of Release of Certain Prohibited Covenants on September 18, 2021.



### Craft Fair Returns November 20, 2021



For many years, the Lyon Park Community Center has hosted an annual craft fair on the Saturday before Thanksgiving. Our last craft fair in 2019 was very, very busy and well-received. The 2020 Craft Fair had to be canceled.



We surveyed our juried group of crafters and learned they are itching to be stitching, sitting and knitting, pasting with haste, and otherwise cutting, gluing, embellishing, and crafting away with hopes that we'll be back this year. And we will!!!



This year's event will be smaller than usual—we will not recruit additional vendors and a few have chosen not to return. We will also take necessary precautions so we don't invite or spread cooties.



Please contact Jeannette Wick at jywickrph@aol.com or (860) 376-3281 if you have questions.



Look for our larger ad describing our vendors in the November newsletter.

## SAMSON



Paige Kellogg 47 Lee Hwy Suite A Arlington, VA 222017 Cell: 703-598-2785 571-677-2566 homepaige4u@gmail.com paigekelloggrealtor.com Licensed in VA







### Thank You Shout Out to Lyon Park Residents

Thank you shout out to Lyon Park residents for supporting the W-L Band with their annual Tag day. Held on Saturday, September 18, the band pioneered a no-contact donation drive using door tags and always they appreciates the support from our community. You can hear them play at upcoming W-L home football games on October 8 and 22 at 7 PM.

### **AmazonSmile**



AmazonSmile is an Amazon program that donates 0.5% of the purchase price of eligible products to charitable organizations. AmazonSmile is a simple, automatic way for you to support Lyon Park Community Center (LPCC) every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com. Go to smile.amazon.com from the web browser on your computer or mobile device. Select LPCC as your charity and then start shopping. It's that easy. You may also want to add a bookmark to smile.amazon.com.

### *iGive*



**iGive** works similarly. It's free. iGive partners with more than 1,700 online stores. It donates an average of 3% what you spend to your selected charity. The stores pay for it all. You never pay more, and often you pay less with coupons and deals. A typical shopper raises more than \$100/year. Go to <a href="mailto:igive.com">igive.com</a> from the web browser on your computer or mobile device. Select LPCC as your charity and add the iGive button. This automatically tells participating stores that you want your shopping to support LPCC. You can also download the iPhone/iPad or Android apps.

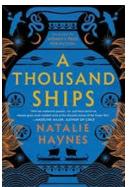
,	
Comi	nunity Engagement Opportunities, Arlington Public Schools
**	School Board Meeting: Recognition of exemplary Latinx students; Action on FY 2023 School Board Budget Direction. Watch School Board Meetings live online or on Comcast Channel 70 or Verizon Channel 41
**	School Board Work Session on Homework and Communication of Student Progress Watch School Board Work Sessions live online or on Comcast Channel 70 or Verizon Channel 41
Monday, October 25 7 PM	Virtual Middle School Information Night for families of rising middle school students
**	School Board Meeting: Action on Career Center Follow-Up Study. Watch School Board Work Sessions live online or on Comcast Channel 70 or Verizon Channel 41
Monday, November 1 7 PM	Virtual High School Information Night for families of rising high school students
Wednesday, November 3 6:30 PM	School Board Work Session on Boundary Proposals and Immersion Feeder Schools Watch School Board Work Sessions live online or on Comcast Channel 70 or Verizon Channel 41
	School Board Work Session #1 with Advisory Committee on Teaching and Learning Watch School Board Work Sessions live online or on Comcast Channel 70 or Verizon Channel 41
	View Board meetings live online or on Comcast Channel 70 or Verizon Channel 41. ns live online at https://www.apsva.us/school-board-meetings/school-board-work-sessions-meetings/. Work sessions are opened to the public but no public comments are accepted. Visit www.apsva.us/Engage to stay up-to-date on engagement opportunities.

To read Community Engagement Opportunities in other languages, visit https://www.apsva.us/school-community-relations/community-engagement-opportunities/ and use the auto-translation feature (top of page) to select preferred language.

Visit www.apsva.us/Engage for community engagement opportunities, School Board calendar, Arlington County's Engage calendar.

Please complete this form (Hint: use a return address label!) and mail it with your check to: LPCA Membership, P.O. Box 100191, Arlington, VA 22201  Name Address Preferred phone E-mail May we add you to the community listsery? O Yes O No  Develor Social Homes Traffic Newsle	issues
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### A Thousand Ships



### Margaret Dean

Weaving tidbits of history, stories, and classics, Haynes has drawn an assembly of women, each acting or reacting uniquely to the fall of Troy and its personal consequences. Their stories neither begin nor end on the battlefield, however much they might have wished for such an honorable death. Very few women were welcomed with the open arms with which Menelaus greeted Helen on her return home from Troy. Others, grieving for the loss of a loved one, chose death by armed combat, as

Penthesilea, beloved of the Amazon warrior queen Hippolyta, did. Others, like Creusa, Aeneas' wife, perished in a corridor of flames, never knowing her five-year-old son was safe with his father.

Two thought provoking examples of women suffering violence are Clytemnestra and Andromache. Clytemnestra had waited for so long to revenge herself against her father that sometimes, when most depressed, she worried that killing Agamemnon would not satisfy her soul, her sense of justice. She and the Furies however were more than satisfied with Agamemnon's death; only Electra sought to continue the cycle of revenge as she began her search for Orestes.

Andromache faced the world entirely differently. She was given to Neoptolemus, Agamemnon's brother, as spoils of war; she wanted to die and almost did. Her senses closed down but the cold bit her into life. Eventually she gave way to her body's demands and realized she didn't want to die. Death beleaguered her as she submitted to Neoptolemus. Eventually she became pregnant and awash in a tumult of feelings. As time passed, she was no longer sickened by his rough ways, nor his sour breath. She helped Neoptolemus understand that her sister-in-law was relieved when he killed her quickly, that her sister did not fear death because she preferred it to a worse fate. Losing her family, Andromache was all the readier to love another. She loved Hector, her husband, Astyanax, their child; she loved her son born in slavery, Molossus, and when Neoptolemus died she happily married Helenus, a Trojan prince and Hector's brother. And if she were not exactly happy, her life was more than she expected when she wept on the shores of Troy.

Physical pain is a shallow reflection of what these women must have felt as their world, not just Troy but their entire lifestyle, their civilization, their roles as spouse and mother, disappeared. Penelope uniquely believes her husband, Odysseus, is alive and will return to her. Nonetheless her letters betray her doubts about Odysseus' commitment to her; she has all the stress and grief of bereavement without any of the certainty. She could not shake the sense of a last little cruelty: that he was more concerned with a successful revenge than with a successful reunion with his wife.





Haynes has wrapped all these tales into a kaleidoscopic view of the plight of women, even strong women, confronting the consequences of war. While she makes no reference to today's pools of strife and death around the world, nor to the abuse of kidnapped young girls, hardly women, the awareness is always lurking in the background of the modern mind.

A Thousand Ships, by Natalie Haynes. Harper Collins Publisher, NY, NY. 2021. ISBN 978-0-06-306539-0. Hardback. 345pp.



### How do you pronounce Zitkala-Ša?

Thora Colot

Lyon Park is still committed to our goal of having educational information and activities for visitors to the new Zitkala-Ša Park, including fun ways to learn how to pronounce her name! We hope to have three stations installed sometime after the Park opens this fall. Preliminary research and writing has already been done for these sites, and we will meet with representatives from Arlington's Department of Parks and Recreation to discuss best processes for moving the project forward quickly.

Many thanks to Lyon Park's expert on Zitkala-Ša, Toby McIntosh, for his dedication to renaming the park and his research and writing for this project, and to our other subject "captains," Ann Felker and Christa Abbott. Kathleen McSweeney and I look forward to working with this team to finish up content for the signs. We are also beginning fund raising efforts to support the final design, fabrication and installation of the sites.

Currently our wish list includes the following "stations": Station 1: Zitkala-Ša informational area would include:

- How to pronounce her name
- Her importance as a responsible citizen and social activist, nationally and locally
- The fact that she was a Lyon Park resident
- Her contributions as an author, poet, musician, composer, and orator
- Photo op with a life size photo image of Zitkala-Ša and other activities geared towards our younger visitors, including stories of her childhood, scavenger hunts, and citizen scientist activities

Station 2: History of the Site general information area would be close to the stone with the memorial plaque to Principal Smith, and could include:

- Indigenous inhabitants in the area
- Early uses of the land
- Development of Lyon Park, and the site as a school
- Reuse of the land as the Henry Clay Park, named after the school

We hope to also include information and activities for younger visitors:

- Favorite classes when they went to the Henry Clay School
- Other activities young people engaged in (bowling was a favorite!)
- Information about the school principal
- Puzzles and games



Station 3: This educational area is meant to tie the other two stations, the memorial plaque to Erik Gutshall, and the Lyon Park Community together through the theme of responsible citizenship. The information here might include:

- Responsibility to your neighbors and community
- Social Activism (Zitkala-Sa)
- Serving your community through volunteerism (Erik Gutshall)
- Serving your neighborhood through educational outreach and example (High school Principal Smith)
- Kindness, graciousness and caring for others

And – if you want to know before the information is installed in the Park, it's pronounced Zit-KA-la Sha.





### LPCA Community Builders: Meet Neighbors Helen White and Andy Leighton

For more than 32 years, Andy Leighton and Helen White coordinated distribution of our Lyon Park Civic Association monthly newsletter. Originally from Syracuse, N.Y., they relocated to Arlington in 1986. While looking for a place to live, they happened upon the Lyon Park Spring Fair in full swing. They were immediately sold and decided to put down roots. That same year, Helen and Andy purchased a brick home on N. Highland Street. After nine years, they moved just around the corner to their current home on 2<sup>nd</sup> Street North where they raised their two sons, Jeff and Matt.

Andy jokingly described the LPCA newsletter as a pyramid scheme. "A good pyramid scheme that serves the neighborhood," he was quick to add. They receive the printed copies of the newsletter, break it down into bundles for each of eight distribution captains in Lyon Park, and deliver the newsletters to those area distributors. In turn, those distributors deliver the necessary newsletters to the people who distribute the newsletter door-to-door on one or two neighborhood blocks. This way, no one is overwhelmed, and the newsletter can be distributed quickly.

Helen stressed that the real credit goes to many of our neighbors who volunteer as area distributors and block captains to distribute 1800 newsletters a month from September through June. "Several volunteers were recruited by Monica Craven, my predecessor, and so that means they have been doing it longer than we have."

Besides Helen and Andy, the following neighbors are the backbone of the LPCA newsletter distribution system: Jeff Baron, Jeff and Mary Lewis, Gary Putnam, Anne Purcell and Gary Gortenburg, Chuck Phillips, Jennifer Endo, Linda Henderson, and Anju Panday.

September 2021 marked the end of an era. Helen and Andy handed the newsletter distribution job to Fillmore Street neighbor Kim Franklin. Anyone who knows Helen and Andy won't be surprised that they continue to take on new volunteer

opportunities, and that they will continue to distribute newsletters monthly to our neighbors at Washington-Lee and Sheffield Court apartments. These days you can also find Helen as a spokesperson and District Ambassador of the USA Pickleball Association, and likely you will run into Andy and Helen playing on any one of the pickleball courts in Arlington.

Helen and Andy, we celebrate and thank you for 32 years of service as the Lyon Park newsletter distribution coordinators. Lyon Park is a stronger, more connected community because of your efforts.

**Note:** Love the newsletter and want to make sure it is distributed to our neighbors in a timely manner? There are openings for distribution area chairs and block captains. Please contact Kim Franklin at hblufftonjoy@gmail.com for information or to volunteer. Thank you!

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If you love the newsletter, please note that it's a huge production requiring advertising support.

How can YOU help?

- If you're a business owner, please consider advertising
- If you've got something to sell-a car, and vintage iron bathtub, or grandma's china, consider advertising here
  - Maybe buy a space to say Happy Birthday,
     Happy Anniversary, or THANK YOU to someone!
     See page 6 for sizes and rates!





### **New Trees Guessing Game**

### Heidi Ananthakrishnan

If you have recently walked the path running through Fillmore Park, you may have noticed many new trees planted by Arlington County in June. All of them are native to Virginia, meaning they evolved here alongside wildlife that depend on them. Perhaps some of these tree varieties would make a vibrant addition to your yard. Can you guess these new varieties in Fillmore Park by the shape of the leaves? Answers are below.

#1. This tree produces huge white flowers in the spring with a scent reminiscent of lemons that perfumes the entire yard. These trees rely on beetles and flies for pollination because at the time of their evolution more than 100 million years ago, bees, butterflies, and moths did not yet exist.

#2.The seeds of this tree are edible and have been consumed by people for thousands of years. The highly nutritious berries have a thin, purple, sweet skin surrounding a crunchy shell-some liken their consistency to that of a peanut M&M!

#3. The leaves turn a fiery red in the fall and the tree produces a sweet sap. These trees live 100 to 150 years. They are very intolerant of fire--even mature specimens can succumb to a moderate fire. However, in part due to the reduced frequency of forest fires since the 1900s, this species has flourished dramatically.

#4. The purple flowers of this tree, which are edible and have a citrusy taste, emerge before the leaves in spring. The buds can be used as a substitute for capers. Long-tongued native bees, such as the carpenter bee and the blueberry bee, pollinate its flowers. George Washington was such a fan of this tree that he transplanted some from the forest to his estate at Mount Vernon.

#5. This tree was named after Benjamin Franklin Shumard (1820-1869), a doctor, paleontologist, and geologist. The oldest one of these trees in the country is between 300 and 350 years old.

#6. These trees can live well over 500 years. They take 20 years before they start producing acorns, which Native Americans are thought to have consumed after boiling. These trees produce acorns in boom and bust cycles to throw off predator populations. During a "mast year" the ground may be thickly carpeted with acorns--more than the squirrels, mice, foxes, hogs, and other creatures can consume. The animal populations may rise with the added nutrition, but will drop again in subsequent lean years. This ensures that some acorns will go uneaten and produce new trees.

#7. This is a pioneer species, meaning it is one of the first trees to re-populate damaged or eroded land. They can live more than 850 years. The blue fruits on the female trees are popular with birds, especially the cedar waxwing, which was named after this tree. It is also highly tolerant of wind and was planted extensively as a windbreaker following the dust bowl conditions of the 1930s.







alba) 7. Eastern red cedar (Juniperus virginiana)

rubrum) 4. Eastern redbud (Cersis canadensis) 5. Shumard oak (Quercus shumardii) 6. White oak (Quercus Answers: 1. Southern magnolia (Magnolia grandiflora) 2. Hackberry (Celtis occidentalis) 3. Red maple (Acer

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