

Lyon Park Citizen

September 2020

Lyon Park's listserv, located on NextDoor, is a secure, private social network and an easy way for neighbors to connect and share information. It's free.

Lyon Park neighbors use this app and/or website to:

- Find a handyman
- Discuss recent power outages
- Locate a lost canary's owner
- Chat about radon and the best ways to handle it

Join here:

www.nextdoor.com/join

Code: SBCFNC

September Meeting

September 9, 2020

https://zoom.us/join Meeting ID: 820 9375 5726 Passcode: volunteer

Log in at 7 PM to make sure your system works, and engage in some small talk. The meeting agenda items start promptly at 7:30

President's Message

We're back! At first glance, it does not seem that much has changed since we went on our summer hiatus in June. I, for one, thought we would have made much more progress against the pandemic over the past three months, and even harbored hope that the Lyon Park Citizens Association would be able to meet in person this month. We are still meeting on Wednesday, September 9, but it will be virtually. There have been some steps forward, such as the easing of government restrictions on local businesses that remained open, making it easier to support them, but not the great strides we want to see.

While the lack of substantial progress has made me weary – my things-to-do-now-that-I-have-time list is still as long as it was last spring – others remain undaunted and continue to push forward to improve and strengthen Lyon Park. Efforts to have Henry Clay Park renamed after noted Native American and women's rights activist Zikala-Sa, a former Lyon Park resident, are progressing well, thanks in large part to Toby McIntosh and Thora Colot, who I refer to as T'n' T because they have been dynamite on this issue. I would also like to thank all the local residents who joined the Arlington County Parks and Recreation Commission meeting in late July and spoke out in support of the renaming request, which was warmly received by the commissioners. (See page 17 for more details.)

Many Lyon Park residents have been providing assistance and support to those in need in these trying times, not just in our community, but also across the county and beyond. One shining example is Marlene Mandel, our neighborhood captain for the Arlington Community Corps. In that capacity, she has been collecting food for the Arlington Food Assistance Center and books for Arlington public school students. The portico at the Lyon Park Community House is drop-off point both drives. If you want to lend Marlene a hand or know what items are most needed, contact her at MMandel9102@gmail.com

Stay healthy, stay safe, stay strong.

Peter Zirnite, LPCA President

Please pay your LPCA dues! The form is on page 14.

The LPCA elects officers at its September meeting.

The slate is not yet finalized but will be ready in time for the meeting on September 9.

If you are interested in becoming an officer, contact any member of the Executive Committee listed on the second page.

We always need new volunteers with new ideas.



Classified Ads

GET SOMEONE'S ATTENTION! The *Citizen* is hand delivered to 1,900 households every issue.

TEEN SERVICES

Interested in including your free teen ad? Visit www.lyonpark.org/library to share your information!

- Abby Kant, 15, babysitter, dog walker/sitter, odd jobs, plant sitter. Text: (703) 626-4531
- Max Kiriakou, 15, yard work, shoveling, lawn mowing, trimming, yard work. I have my own equipment! Phone/Text: (571) 244-8982
- Kate Kiriakou, 14, Babysitter, mother's helper, odd jobs, plant sitter. Red Cross certified. Phone/Text: (703) 587-9277
- **Delaney Loughney**, 13, Babysitter, odd jobs, plant sitter, dog walker, pet sitting.. **Text**: (571) 458-0512
- Finn Loughney, 16, Odd jobs, dog walker, plant sitter, shoveling. Text: (571) 289-4823 Email: finnloughney@gmail.com
- Mae Seward, 13, babysitter, mother's helper. Red Cross certified. Available Fridays after 3 PM and Saturdays and Sundays after 12 PM. Phone/text (703) 473-3378.





Do you play the mandolin, mandola, mandocello, guitar or bass? Interested in playing music with others?

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Find us at Takoma Mandoleers on Facebook.

The Lyon Park Citizens Association P.O. Box 100191, Arlington, VA 22201

LPCA EXECUTIVE COMMITTEE

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rent@lyonpark.info

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Pandemic Pie-Eating!

The Arlington County Fair only held one in-person event this year due to the pandemic.

The 2020 Arlington County Fair Pie Eating Championship, sponsored by the Arlington Jaycees, the County Fair, Livin' the Pie Life, Natalie Roy@Bicycling Realty Group, and the Showalters was held in Lyon Park on August 15, 2020. As you can see in the photos, everyone had a great time.

Our very own George Hobart competed in the 17 and older round. Cleveland Street's Claire Peters won the Pie Eating Championship "Green Barrel Challenge." The Green Barrel Challenge was a special event created for our neighbors who paid to have their Green Yard Waste Barrel emptied. Paul Showalter raised money for the Fair, Arlington Food Assistance Center, and Carlin Spring Elementary School. (Readers should note that Paul is still running this challenge [information below]). In addition to having their barrels dumped, participants had the option to participate in this special event at the Pie Championship.

Lyon Park thanks Paul and Sharon Showalter, who sponsored, organized, and did all the heavy lifting associated with this event.







Does your Arlington County Green Yard Waste barrel or Yard bags need emptying?Does your yard waste barrel smell like a well-used diaper pail? For a donation of \$50, a stevedore-type person will pick it up from your residence; dump and power wash it (inside and out); and dreturn your container to your yard.

Contact Paul at lockport00@comcast.net for this service or if you have yard bags to be disposed. We are happy to remove them as well.

All funds raised will be used here in the Arlington community to support the Arlington Food Assistance Center and the Carlin Springs Elementary School supply drive.



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Drew School Community Supply Drive

The Arlington Democratic Black Caucus is hosting a back to school drive for Dr. Charles R. Drew Elementary school. If you would like to contribute, they are targeting donations by September 8, but will continue to accept items through the following week. Donated items will be sanitized prior to distribution to students due to Covid-19 concerns. The following items are needed; the first three items are a special priority.

- Earbuds w/ mic
- Dry erase markers, black
- Dry erase boards 8.5 x 11
- Composition books
- Crayons, 24 ct.
- Large erasers, pink
- Folders, poly, plain
- Glue sticks, .21 oz.
- Pencils, #2, 10 count
- Colored pencils, 12 ct.
- Pencil sharpeners
- Scissors, 5"
- Pencil pouches

Please contact Ms. Kim Phillip at kbphillip@gmail.com with any questions. You may drop items at a bin located at 4512 28th Rd. S., Unit A, in Shirlington or drop items at 308 N. Edgewood St. in Lyon Park.

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The Missing Middle: A Housing Concern

James Lu

Arlington's growing population is increasing housing demand. The County is devising a multifaceted approach that attempts to reduce the pressure on the housing market and diversify the types of housing builders may provide. Specifically, this initiative would mean changing zoning regulations to allow construction of duplexes, triplexes, and townhouses where only single family dwellings are currently allowed. The building of multi-dwelling homes in single-family neighborhoods is called "Missing Middle" for its intent to create more affordable homes for middle income citizens. Erik Gutshall advocated for affordable housing so teachers, police, and others could live where they work.

Due to historical and housing market reasons, Arlington County currently lacks middle-housing. The majority (79%) of Arlington's housing land zoning only allows single-family detached houses. Over the past decade, the newly built single-family detached houses tended to be considerably larger than in the past (usually two to three times larger), with an average sales price of \$1.7 million. Additionally, between 2010 and 2019, the majority of new housing units (91%) were mid- or high-rise one- and two-bedroom apartments. The dearth of new homes with three or more bedrooms means the demand for these types of houses exceeds the supply. The study argues that these factors raise new homeowners' housing costs and make Arlington's single-family homes unaffordable for middle income people.

Arlington is following the lead of other locations such as Minneapolis in examining ways to develop a more balanced ratio of housing types, but will need to determine a solution that works best for our circumstances. Ultimately, Arlington contends that construction of more middle housing benefits the Arlington community by

- Bridging low- and high-density areas
- Supporting walkable neighborhoods and transit options
- Enabling more workers to live close to their places of employment (especially local businesses)
- Creating options for a broader range of residents
- Meeting the needs of a more diverse, inclusive crosssection of our community

Not everyone agrees that the County's approach is appropriate. Arlingtonians for Our Sustainable Future (ASF) has raised concerns over the Missing Middle Housing study's premise. They argue the County's basis for its argument lacks evidence, does not account for fiscal costs, and omits a host of other options for addressing Arlington's growth. ASF argues that replacing modestly dense neighborhoods with multiplex clusters will increase overall housing costs and add to the County's fiscal burden (and pass it on to residents). Concerns also include reduced racial/socioeconomic diversity, shrinking tree canopy, expanded urban heat island, and added demand on schools and roads, both already at capacity.

Solving Arlington's housing market problem requires effort and participation from all Arlingtonians. Find more information online at the web sites in the table to the right.



Cremation Garden at Columbia Gardens Cemetery Blessed by Bishop

June 13 was a memorable day in Columbia Gardens Cemetery's 103-year history. Bishop Michael Burbidge of the Catholic Diocese of Arlington, assisted by Father Christopher Christensen, parochial vicar of the Cathedral of St. Thomas More, blessed the cemetery's beautiful Cremation Garden. The last time Columbia Gardens was honored with a blessing by the Catholic Church was in the 1950s when the bishop of the Diocese of Richmond came to bless the cemetery's Catholic section and the cemetery as a whole.

"It is a great honor for us to receive the Bishop's blessing," says Daun Thomas Frankland, President, Columbia Gardens Cemetery. The Thomas family has owned Columbia Gardens since its founding in 1917. Frankland is the great-granddaughter of the founder and continues that tradition today.

Columbia Gardens Cemetery is located in the heart of Arlington's Ashton Heights Historic District, about one mile west of Arlington National Cemetery. The Cremation Garden provides a natural setting, landscaped with plants that are native to our region and attract butterflies, bees and yellow finches. For more information, visit columbiagardenscemetery.org.

Arlington County and Proponents	Opponents
Missing Middle Housing Study	ASF Virginia Missing Middle
Research Compendium	Housing
(containing five bulletins and	www.asf-virginia.org/missing-
supplemental materials)	middle-housing
https://housing.arlingtonva.us/	_
missingmiddle/research-	Arlingtonians for Our
compendium/	Sustainable Future
•	https://www.asf-virginia.org/
Alliance for Housing Solutions	
https://www.allianceforhousin	
gsolutions.org/missing-middle-	
housing	

Advertise in The Lyon Park Citizen

The Lyon Park Citizen is hand delivered to 1,900 homes around the 10th of the month from September through June (10 issues), with artwork and copy due the 20th of the previous month. These are our advertising rates:

Ad size	Measures (In inches)	Cost			
Business card	3.5 by 2.3	\$85/month color \$59/month B&W			
Quarter page	3.5 by 4.5	\$130/month color \$89/month B&W			
Half page	7.5 by 4.5	\$210/month color \$149/month B&W			
Full page	7.5 by 9.5	\$350/month color \$249/month B&W			
Full page free- standing insert	8.5 by 11	\$450/month color \$400/month B&W			

We offer a 5% discount for residents who have paid their LPCA dues, and an additional 10% discount for advertisers who commit to three or more months in a row. A designer will draft artwork for an extra 10% charge. Contact

lyonparkeditor@gmail.com to reserve space.

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Help Make Everyone's Visit to Our Park a Success Lyon Park's lush green lawn is an oasis for friends and neighbors during warm weather. Please remember:

- If you plan to have a large party at the park, you must contact the rental agent and rent the area.
- We have limited trash receptacles. Please take large quantities of trash home with you, or bring it to the trash corral on Fillmore Street.
- Please advise your caregivers to bring dirty diapers home to your own trash receptacles, and follow this rule yourself. Trash cans heating in the sun + dirty diapers = horrible odor.
- Consider emptying overflowing trash cans and taking the bags to the trash corral. We leave extra bags at the bottom of the cans.



Virtual Funeral Services Bring Families Together

A virtual gathering helps bring family and friends together in a time of need. Columbia Gardens Cemetery now offers virtual "Zoom" video for burial and cremation services, when distance or other circumstances are keeping people apart. Crystal clear video and audio can be shared with people, as they come together to celebrate the life of a loved one.

Since 1917, Columbia Gardens has served the needs of families of all denominations and nationalities. We are here to guide and support



e to guide and suppor you in creating a lasting memorial for loved ones and are a trusted resource for advance planning arrangements.



ESTABLISHED 1917

3411 Arlington Blvd., Arlington, VA 22201 • 703.527.1235 • columbiagardenscemetery.org



Community House Rental Rates

Lyon Park and Ashton Heights residents are eligible for resident rates, but cannot sponsor non-resident events.

Monday - Thursday (8 AM-5 PM, 4 hour minimum)

<75 guests, \$50/hour resident; \$100/hour non-resident >75 guests, \$75/hour resident; \$100/hour non-resident

Monday - Thursday evening (6-10 PM)

<75 guests, \$200 resident; \$400 non-resident >75 guests, \$300 resident; \$400 non-resident

Friday, Saturday, Sunday, Holidays
HALF DAY (8 AM-2:30 PM or 3:30-10 PM):

\$400 resident; \$900 non-resident

WHOLE DAY (8 AM-10 PM):

\$750 resident; \$1,600 non-resident

Children's Birthday Rates for children 10 and under, maximum 40 attendees, booked <2 months in advance:

Four consecutive hours ending before 2 PM, small kitchen use only– Includes the time you will need to set up and clean up.

\$200 resident; \$400 non-resident

Grounds preservation fees:

- \$30/inflatable (can only be rented from Arlington TEAM)
- \$100/floored tent, \$30/pole tent
- \$100 grounds fee for ponies and petting zoos

Use of inflatables and/or tents must be approved in advance and specified in rental contract.

A security deposit is required for all rentals.

MAKE A RESERVATION TODAY!

Check online calendar for availability and complete the online reservation form at www.lyonpark.info



Find news and more pictures on Facebook at https://www.facebook.com/lyonparkcommunitycenter

The Balalaika Orchestra as an Art Form

(Max McCullough, arr. Cíndy Stroup)

Along with other cultural groups, the Washington Balalaika Society (WBS) Orchestra hit "pause" in March, keeping in touch with members via ZOOM until they can resume their usual concert cycle. WBS normally rehearses at Faith Lutheran Church each week and welcomes new members. If you are interested in playing music and making new friends, contact Cindy at crstroup@gmail.com. Visit www.balalaika.org for information.

The movie "Dr. Zhivago" is many folks' introduction to the balalaika. While many nations have musical instruments of primitive origin unique to their cultural evolution, few have achieved the stature within the national awareness that the balalaika has in Russia—that of a folk instrument elevated to the concert stage and taught in conservatories. The same might be said for its companion instrument, the domra, as the two share the same ancestral lineage traceable to a two-stringed variant the Mongols brought from China. Historians say the balalaika was first mentioned in writing in 1688 when reigning authorities banned its use, citing instances of disrespect of the Crown and the Church; jesters and street musicians had poked fun at these hallowed institutions. The ban may have had some effect in larger cities but the peasant class continued to use the instrument in its various forms in Russia's vast outlying areas.

In the early 1880s, nobleman and musician Vasily Andreyev heard a peasant playing the balalaika. He was impressed with the possibility of "perfecting" this crude folk instrument for the concert stage. Andreyev saw that the balalaika's unique sound was intrinsic to Russian folk music and deserved greater recognition. Despite the difficulty of finding anyone to take him seriously, Andreyev pressed his case. In 1888, his formally attired eight-member Circle of Balalaika Players presented the first public performance in a theatre in Russia's then-cultural center, St. Petersburg.

The resoundingly positive response may have astonished even the optimistic Andreyev, who found his ensemble much in demand. It grew in numbers and popularity. By 1913, its 25th anniversary, the Orchestra had grown to 30 members, become well known in Russia and abroad, and toured Germany, France, Great Britain, America, and Canada. The domra and gusli (plucked psaltery) joined the balalaika in this cultural pursuit. The highest St. Petersburg society, including the Imperial Court, attended the jubilee concert that launched the renamed Imperial Russian Court Orchestra.

After the concert, the famous basso Fiodor Chaliapin, proclaiming Andreyev's success, said, "Dear Vasily Vasilievich, you have cherished an orphan-balalaika in your bosom. By your love and care it has become a real Russian Beauty and conquered the world with its charm." Its popularity and status survived revolution, wars, and societal change. Today orchestras perform in every city of any size in Russia and in the rest of the former USSR, Europe, Australia and North America. The WBS is pleased to carry on these proud traditions as one of the largest, most active orchestras outside of Russia.



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Contribute Articles to the The Lyon Park Citizen

Do you have an interest in writing and want to help neighbors stay informed about our community? Do you have local news, a favorite recipe, or even an exciting activity you would like to share with us? Have you eaten at a local eatery such as Texas Jack's Barbeque, Earl's Sandwiches, or Troy's Italian Kitchen (just to name a few) and want to share your experience? If so, our local newsletter needs you! We are looking for interested residents of Lyon Park to contribute to our local newsletter.

Why don't you submit those poems in that old notebook, tell us about that vegan pizza you had from the restaurant down the street, or how you are SO tired of the neighborhood park being littered with toys! Your input is valued as it can strengthen our community newsletter tremendously and help counteract the pandemic's isolating effects. Contributing to the newsletter also gives you the chance to highlight your talents and share your interests with everyone.

The local newsletter helps bring our community together to let us know of important current events, new activities we can try, and even new restaurants to visit. Our newsletter informs us of local job opportunities, notifies us of community/board meetings, reminds us of civic association dues, and serves as an outlet to advertise our local businesses. We would love to hear about your experiences with local vendors, community problems that you feel need to be addressed, and publish any issues or concerns you may have related to Arlington's rules and regulations.

Please submit very short articles (350-400 words) to lyonparkeditor@gmail.com by of the 20th of the month for inclusion in the edition distributed early the following month. For example, articles for the October newsletter are due September 20. We love pictures. Submit them in separate files (not embedded in documents) to lyonparkeditor@gmail.com.

We look forward to your submissions!

Thanks,

Lyon Park Newsletter Team

Radon: A Silent Killer

James Lu

Recently, some neighbors have discussed radon on the listserv. Radon is a radioactive gas released from rocks underground. It can build up in your home to a dangerous level. Exposure to indoor radon over time increases the risk of lung cancer, especially in smokers. Therefore, the U.S. Surgeon General recommends testing radon levels in all homes. You can't see, smell, or taste radon. Only test kits or trained personnel can measure its level.

In the U.S., all states have homes with high indoor radon levels. However, the radon level differs from home to home, even in the same neighborhood. The Environmental Protection Agency (EPA) ranks all regions in the nation as low, moderate, and high risk based on radon level. Virginia has 46 counties and 15 cities classified as high risk, and 24 counties and 8 cities are rated moderate. Arlington, VA, is classified as moderate risk.

To prevent health risks, the Virginia Department of Health (VDH) has an indoor radon program. Since you cannot tell radon level in your home without testing it, the VDH recommends test kits and radon mitigation professionals. Test kits have requirements. First, you can buy them through mail and hardware stores. You can also ask for free test kits from VDH after August 30, 2020. All test kits must pass either the National Radon Proficiency Program (NRPP) or the National Radon Safety Board (NRSB). Second, timing is essential. Severe weather conditions, like storms, reduce the test kit's accuracy. The VDH recommends testing between late October and early May. The location also matters; you should test every section of the home that is in contact with the ground. When you decide to hire a professional in Virginia, you may either call or do a web search on the NRPP or the NRSB. The VDH recommends radon professionals certified by either two of these organizations.

Test kits measure radon in the air in picocuries per liter of air (pCi/L). Arlington's average indoor radon level is between 2 and 4 pCi/L. According to the EPA, if your test kit result is 4 pCi/L or higher, repeat the test. If both test results are 4 pCi/L or more, you need to lower your home's radon level. Certified radon mitigators may install a ventilation system, increase the air pressure inside the house, and block radon entry points in foundations.

Here is more information on indoor radon pollution:

The EPA's A Citizen's Guide to Radon:

https://www.epa.gov/sites/production/files/2016-12/documents/2016 a citizens guide to radon.pdf

The VDH's indoor radon program:

https://www.vdh.virginia.gov/radiological-health/indoor-radon-program/

To hire a radon professional:

https://www.nrsb.org/find-a-pro/ Or

https://nrpp.info/pro-search/

To know more about radon levels across the U.S., visit: https://www.epa.gov/radon/find-information-about-local-radon-zones-and-state-contact-information#radonmap



NCAC: At Work in Lyon Park

Thora Colot

The Neighborhood Conservation Advisory Committee (NCAC) is part of Arlington County's government services, and is a citizen-based committee to improve the quality of life within communities through capital improvements. Improvements typically focus on sidewalks, street beautification, pedestrian safety projects, street lights, and parks. The NCAC includes a member from Arlington's 57 civic associations, and right now has approximately 48 representatives.

Since 2014, I have volunteered to represent Lyon Park at the NCAC monthly meetings, and to help when our neighborhood requests funding for a specific project. Currently in Lyon Park, NCAC is funding and managing one project. On a portion of Highland Street N., improvements and additions to sidewalks will create a safer way for young children to walk to Long Branch Elementary School and improve pedestrian safety overall. The neighbors are still working on additional traffic calming ideas that will help slow the many vehicles that use Highland Street as a thorough fare to get from Arlington Boulevard to Clarendon and the metro there.

Laura Simpson, Planner at the Neighborhood Conservation Program, keeps us updated with the Highland Street project's progress: "The Construction Drawing Set and Specifications for the project have been sent to the County's Purchasing Division. During this time, there is work that will need to be completed in advance of the sidewalk being constructed. Above-grade utility companies will be doing work this summer, starting with Dominion Energy. So far, they trimmed branches and trees in the County right of way that are too close to the existing power lines; after that Dominion is relocating some of the power poles. Following the above grade utility work, in September, Washington Gas will start their project to upgrade and relocate some of their lines in the street."

With respect to all of this work, Lyon Park is lucky to have Scott Milam and his neighbors who have patiently led the local effort to get the sidewalk project done. This collaboration is an excellent example of how community civic engagement and successful partnerships can make a neighborhood safer and more family friendly.

www.lyonpark.org • September 2020



Sidewalk installation on Highland? Not yet - there is much work before a sidewalk can be installed!



Route 50: VDOT Recommendations

Peter Zirnite

The Virginia Department of Transportation has recommended installing raised medians, new left-turn lanes, and other improvements on Route 50 between Fillmore Street and Glebe Road to address traffic congestion and safety concerns. The recommendations echo those of local residents who provided feedback on the five alternatives VDOT offered for improving the traffic flow and reducing the number of accidents along the 0.6-mile corridor.

An average of 65,000 vehicles a day travel this stretch of Route 50, the highest traffic volume of any six-lane section of Route 50 between Route 7 and the Washington, D.C., according to VDOT. The crash rate is approximately twice the Northern Virginia primary road average.

Currently unfunded, the recommendations are included in the final report of a Strategically Targeted Affordable Roadway Solution study launched in August 2019. In November 2019, VDOT surveyed local residents on issues in the corridor, and respondents said easing traffic congestion was their highest priority followed by highway safety and pedestrian safety. A VDOT working group then developed five potential improvement alternatives, which, along with a no-build option, were presented to the public for comment. More than 1,200 people participated in the second on-line survey, which ran from April 30 to June 15.

The highest-ranking alternative, which is the one VDOT eventually recommended, earned a 3.7 from the public on a scale of 1-5. It includes installing raised medians between Fillmore and Irving and Irving and Glebe; building new left-turn lanes at Irving and extending the westbound left-turn lane at Fillmore; constructing a new service road along eastbound Route 50 between Glebe and Jackson; and extending the westbound service road between Irving and Jackson.

These improvements are currently estimated to cost \$14-18 million and would result in the loss of 18 trees and the addition of 1.6 acres of impervious surfaces.

"The purpose of this study is to develop proposed improvements that localities can pursue for funding, and to consider including in their comprehensive plans," VDOT said. Arlington County is currently in the process of applying for funding under the state's SMART SCALE program, under which it will compete with projects statewide. If the project is selected for funding, according to the final report, it "would be incorporated into the VDOT Six-Year Improvement Plan, so it can enter the project development process."

VDOT's final report, which was released in mid-August, can be found here:

http://www.virginiadot.org/projects/northernvirginia/route50arlingtonstudy.asp

November 3, 2020 General Election

On the ballot will be the offices of President, U.S. Senate, U.S. House of Representatives (8th District), County Board (1 Seat), and School Board (2 seats).

U.S. President	Joe Biden (D)/Kamala Harris (D) Howie Hawkins (G)/Angela Nicole Walker (G) Jo Jorgensen (L)/Spike Cohen (L) Donald Trump (R)/Mike Pence (R) (Incumbent)
U.S. Senate	Mark Warner (D) (Incumbent) Daniel Gade (R) Denise Kim (I) Mary Knapp (I)
U.S House of Representatives (8th District)	Don Beyer (D) (Incumbent) Jeff Jordan (R)
County Board (1 Seat)	Libby Garvey (D) (Incumbent) Audrey Clement (I)
School Board (2 Seats)	David Priddy Cristina Diaz-Torres Symone Walker

D = Democratic Party; R = Republican Party; G = Green Party; L = Libertarian Party

To register to vote and update your address go to:

https://vote.arlingtonva.us/voter-registration/register-vote/

OR

https://vote.elections.virginia.gov/thirdparty/lwv/Arlington

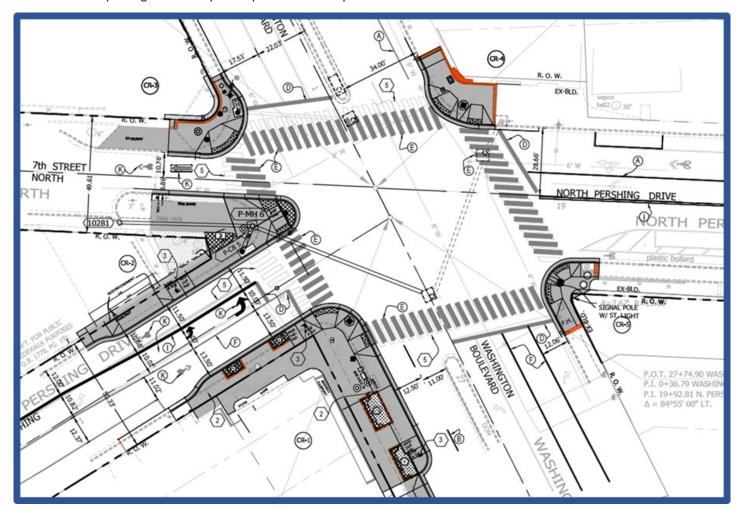
Remember, you must update your registration if you have moved—even if it's just across the hall.

Key Deadlines:

- To register online to vote is Tuesday, October 13, 2020.
- To register by mail to vote is (postmarked by) Tuesday, October 13, 2020.
- To register in person to vote is Tuesday, October 13, 2020.
- To request a ballot by mail is Friday, October 23, 2020. The local election official must receive your request by 5:00 p.m.
- The early voting period runs from Saturday, September 19, 2020 to Saturday, October 31, 2020, but dates and hours may vary based on where you live.
- The deadline is Saturday, October 31, 2020 to apply in person for an absentee ballot. Application must be completed at the General Registrar's office.

Pershing Drive Complete Streets (PDCS)

The Pershing Drive and Washington Boulevard Intersection project was added on as a partner project to the original Pershing Drive Complete Streets Project after it became clear that this area was in need of some improvements. The project team has been hard at work designing the improvements, which are primarily geared towards improving the pedestrian experience. The project team has completed the design and is working on moving the project forward. As shown in the image below, the team plans on expanding sidewalks and improving accessibility with updated curb ramps.



Crews are finishing the major improvements at the N Garfield/Pershing intersection; expect to see work begin at the N Fillmore/Pershing intersection. That work will begin with borings for electrical work related to the signal, so it will look a little different then the work done at the other intersections. Other improvements at the intersection include

- Installing temporary traffic control
- Installing temporary erosion and sediment control
- Saw-cutting asphalt
- · Constructing curb and gutter
- Constructing concrete sidewalk

That work should be complete over the next few weeks but the intersection itself will not be completed on schedule. A hydraulic cylinder failure at the manufacturing company (the first in more than 27 years) has delayed the poles and mast arms for the new signal by 80 days. Crews will complete everything they can at N Fillmore and Pershing without the poles and mast arms, and pause in October until those items become available in January.

Olivia Daniszewski (odaniszewski@arlingtonva.us) is the Project Manager for PDCS. The Construction Manager for the project, Mannan Qureshi (mqureshi@arlingtonva.us), is the point of contact to the contractor in the field.

Learn more about this project at https://projects.arlingtonva.us/projects/pershing-drive-complete-street-improvements/

Anatomy of a Telephone Pole

Several areas of Lyon Park have experienced scheduled (and unscheduled) power outages lately.



Utility companies may notify you in advance by automated phone call, mail, or a flyer on your door. Often scheduled outages occur when contractors need to remove a tree that's entangled in

active wires, systemic upgrades are needed, or a new pole must be installed. (The average age of an American telephone pole is 60 years!) Occasionally, the power company will schedule an outage to relocate a large bird nest!

With so many Lyon parkers working from home or ZOOMing into classes, these can be annoying. But it can also be an opportunity to learn about telephone poles (which are actually utility poles because they carry power, telephone, fiber optic, and coaxial cable).

A standard residential utility pole is about 40 feet tall and usually made of treated southern yellow pine. Utility wires on these poles are laid out in a specific pattern. Starting at the top, you'll commonly see three wires all equidistant from the ground. These lines typically bring the electricity into the neighborhood at 7200 volts. These wires are kept separated to prevent arcing between wires. The higher the voltages, the further the required separation. Additionally, if you look closely, you'll see the power lines don't touch the poles. They are attached with ceramic or polymer composite insulators that prevent electricity from transferring to the pole. A ground wire runs the entire length of the pole from top to bottom to help dissipate charges to the earth. The high





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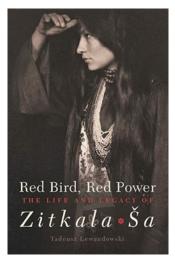
voltage lines feed into the transformers (the barrel looking thing on the pole). The transformers reduce the voltage by a factor of 60 to a safer 120 volts and feed electricity into the pole's three middle lines. It can then go to individual homes. One wire is at a neutral level, while the other two are at 120 volts (but out of phase). This allows them to be combined to provide the 240V we need to run our heavy duty appliances, though most electrical devices only use one phase.

The poles' layout the puts the most dangerous stuff furthest out of reach. Which means we know the third row (lowest) set of wires is the communication section. These insulated low voltage wires can touch each other or be handled by repairmen without the electrical shock hazards higher up. Often, communication wires running alongside thick cables that are merely tensioning wires that position the poles and provide support for the other cables so they aren't stretched when the wind blows, a bird lands on them, or worse. Squirrels generally run along these safe tension cables, but you'll notice birds commonly perch on the high voltage lines. This is no problem as long as they don't "complete the circuit" by touching a second wire or the ground at the same time. This is why wingspan is an additional important factor in determining the separation of high voltage lines.

You'll also find that every pole has a unique set of labels on it. Can your family decipher the very interesting code?

The Triumphs and Challenges of Zitkala-Sa's Life Christa Abbott

Red Bird, Red Power: The Life and Legacy of Zitkala-Ša, by Tadeusz Lewandowski, begins with a powerful scene. The year is 1896 and Gertrude Simmons, a young Yankton Sioux woman, takes the stage at the Indiana State Oratorical Contest. Racial slurs echo and a banner unfurls with a caricature of an Native American woman captioned "humility." A slight figure, Gertrude comes to the podium and begins her speech with an exploration of America's past and how the native people welcomed early European explorers only to be subjected to horrific acts of cruelty. Facing the white audience, she holds nothing back. She ends the speech with a note of peace and unity, however, quoting Ruth 1:16: "Thy people shall be my people and thy God my God." She takes second place in the contest when a Southern judge takes umbrage at her criticism of slavery and gives her a score of 1 in the thought category. It is widely agreed she should have won. Afterwards, she would take ill for an extended period of time, her body worn down by the costs of her triumph.



This pattern repeats throughout her life: through brave acts she achieves great triumph only to be tossed aside and diminished within a white supremacist society. *Red Bird, Red Power* follows her life and portrays the complexity of her humanity as she struggled to work within a system to change it.

Lewandowski captures the dualistic nature of many of her pursuits, such as first condemning the white Christian missionaries and then converting

to Catholicism for the rest of her life. She adopts the name Zitkala- Ša as a writer but continues to be known as Gerdie. She fought for the women's suffrage and saw that come to fruition. She advocated for American Indians to be recognized as United States citizens and she lived to see that happen. However, the toll was heavy. Lewandowski elucidates her achievements but does not hold back when describing the costs to her mental and physical health. The book follows her to the end of her life, which she lived out in Lyon Park.

In reading *Red Bird, Red Power*, I found myself inspired by a woman who spoke her truth, advocating to elevate the voices of the forgotten. I was surprised to learn that this incredible woman lived in our neighborhood and I didn't know her history. *Red Bird, Red Power* is an important read for understanding not only an important woman, but also the ways in which our society was formed.

Note: For younger readers, Red Bird Sings: The Story of Zitkala-Ša, Native American Author, Musician, and Activist is an illustrated children's book.



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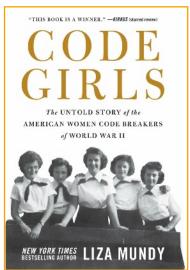
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Community Engagement Opportunities, Arlington Public Schools At this time, all APS schools are closed until further notice. APS is working closely with the Arlington County Public Health Division to monitor coronavirus (COVID-19) developments and following the CDC's guidance to protect our school community. Thursday, September 10 School Board Meeting: Superintendent presents Return-to-School Status Update. Action on Revised School Calendar. 7 PM Thursday, September 24 School Board Meeting: Superintendent presents Return-to-School Status Update. Thursday, October 8 School Board Meeting: Superintendent presents Return-to-School Status Update. 7 PM Tuesday, October 13 School Board Work Session on Boundaries *View Board meetings live online or on Comcast Channel 70 or Verizon Channel 41. ** Watch Work Sessions live online at https://www.apsva.us/school-board-meetings/school-board-work-sessions-meetings/. Work sessions are opened to the public but no public comments are accepted. Visit www.apsva.us/Engage to stay up-to-date on engagement opportunities.

\$10/year, \$20/two years, \$250 for life Please complete this form (Hint: use a return address label!) and mail it with your check to: LPCA Membership, P.O. Box 100191, Arlington, VA 22201 Name Address Preferred phone	ommunity Volunteer Interests (Check all that apply):Neighborhood ConservationCommunity Center and ParkDevelopment issuesSocial Events (Holiday Party, Halloween)Homes and Gardens TourSpring FairTraffic issuesNewsletterTrees/ConservationAll-purpose volunteer
--	--

Code Girls Margaret Dean



Every female pre-teen and teenager should read Code Girls to acquaint themselves with women's roles in the U.S. between the wars. What was the everyday environment their mothers and grandmothers faced? Like *Hidden Figures* points out the biases NASA ignored, here social bias was inherent. It determined a woman's role in life (to marry, have children, be a good wife), stereotyped her mental capabilities (math was too complicated for a woman's brain), considered her easily stressed (unable to withstand the pressures of 12 or more hours of daily work), and assumed she would gossip (unable to keep classified secrets). Or, the ultimate charge, perhaps she would be too provocative and distract men from the real work. Those beliefs nearly deprived the U.S. of some of its best code breakers, which could have lengthened the war or lost it completely.

Women, however, were excellent at code breaking, excelling at foreign languages, sciences, and math. Working endless hours, they focused on details. Dutiful, patriotic, and able to meet the clandestine requirements of secret keeping, they knew that failures could risk the lives of young U.S. soldiers somewhere around the world. Many suffered after the war with what is now known as post traumatic stress disorder (PTSD). Many went to the grave without telling their families about their wartime occupation or that it was special or unusual.

Decrypting Enigma, the German encryption device, was the code breakers' premier success, but there were many codes. The Japanese communicated with all the Axis powers in separate codes; they also communicated ship/shore and ship/ship. The German U-boats had their own codes and translating even a short text might generate an essential detail. Sometimes deciphering one code opened the door to deciphering another.

Code Girls starts dramatically with Pearl Harbor and the awareness that the U.S. was unprepared, especially in discovering enemy thinking and plans. The Navy led the way in recruiting women, but the Army followed quickly. They selected teachers and women who ranked in the top 10% of classes from the top women's colleges for training. The women, who had no career expectations, were by and large more collaborative than the men, who were careerists, seeking recognition and promotion.

Part of the book sounds familiar as Arlington Hall, Ballston, and other noteworthy spots set the geographic neighborhoods for these young women. Without any fanfare, working women began to change society. They needed stores open evenings and weekends, and their children needed childcare. Society could no longer prohibit women from being out alone at night when they were working 8-12 hour shifts. Thousands of female code breakers returned to post-war life and raised their daughters and sons to have different expectations for themselves and their children.

Code Girls: The Untold Story of the American Women Code Breakers of World War II by Liza Munday. Hachette Publishers, N.Y., 2017. ISBN 978-0316-352536 (Hardback); 355 pp, 76 pages of Afterword, Acknowledgements, Terms, Group Guide and Notes.





Let's Recycle—Properly

Elaine Simmons

Nearly all of our residents participate in recycling—bravo!! That said, a quick stroll on collection day indicates we need to pay more attention to what we put in our blue bins. According to County recycling experts, plastic bags are a major problem at recycling centers, since the bags get tangled in machinery. Recyclables in plastic bags are discarded as trash. Pieces of plastic smaller than four inches should not go in the recycle bin because they cannot be machine processed. Plastic bottle tops firmly attached to plastic bottles can be recycled. Here is a list of major items that should not go in your blue recycle bin:

Does Not Belong in Blue Recycle Bin	Where Does It Belong???			
Plastic bags, plastic wrap, bubble wrap	Goes in the trash OR drop off clean, dry plastic bags at select grocery stores*			
Glass of any kind	Goes in the trash OR take glass bottles to Quincy Recycling Dropoff on Washington Blvd			
Plastic smaller than 4 inches	Small plastic pieces go in the trash			
Disposable plastic cups/tops	Drinking, coffee, and condiment plastic cups and tops go in the trash			
Styrofoam	All styrofoam goes in the trash			
Food tainted items	Food tainted paper (napkins, used paper plates, paper towels, and the greasy parts of pizza boxes) goes in the trash			
Wire hangers	Goes in the trash OR drop off at select dry cleaners**			
Shredded paper	Goes in the trash			
Plastic eating utensils	Goes in the trash OR The Lamb Center in Fairfax City accepts clean plastic utensils			
Electronic waste, kitchenware	See: https://recycling.arlingtonva.us/residential/electronics-metal/			
* Including Giant Food (3450 Washington Blvd) and Harris Teeter Hyde Park Plaza (600 N Glebe Rd) **Including Hurt Cleaners (3410 Wilson Blvd)				

Local Volunteer Group Offers Free Training During National Preparedness Month

Chasta Piatakovas, Community Outreach Coordinator & Engagement
Liaison, Arlington CERT

CERT

The 2020 National Household Survey revealed that, while 81% of Americans surveyed report having supplies set aside in their homes just for disasters, only 48% have a household emergency plan.

National Preparedness Month (NPM)—promoted in September—encourages individuals and businesses to take important preparedness steps including getting trained and engaging in community preparedness and response efforts.

Since 2002, the Arlington Community Emergency Response Team (ArlCERT) has trained more than 900 volunteers from youths to seniors in CERT disaster response, fire suppression, basic first aid, light

search and rescue, and terrorism awareness. It has helped people before, during, and after disasters in Arlington.

During NPM, ArlCERT will offer free CERT Basic Training (CBT)—held twice a year in the spring and fall—starting Wednesday,

September 9 for six weeks (a Spanish language CBT will start October 28). As all face-to-face events are canceled indefinitely due to the pandemic, ArlCERT will conduct CBT via Zoom. (Participant manuals are available in English, Chinese, Korean, Spanish, and Vietnamese.)

The County has seen evidence many times of how valuable CBT and its volunteers are. Activated by the Arlington County Emergency Management, ArlCERT volunteers (i) conducted damage assessments after Hurricane Isabel, the 2012 derecho, and the 2019 flooding; (ii) acted as survivor role-players to support first responder training events; and (iii) filled 420 shifts to distribute food in the County quarantine hotel during the COVID-19 pandemic.

ArlCERT also has about 44 trained "hams" licensed amateur radio operators) who participate in monthly emergency comms preparedness nets (an "on-the-air" gathering of amateur radio operators), provide communication support for first responder training events, and assist with communications when a disaster takes out power, Internet or phone lines.

If you are interested in joining the 10 active ArlCERT volunteers from Lyon Park to equip yourself to help your family and the Lyon Park community in an emergency or disaster situation, please visit https://emergency.arlingtonva.us/get-involved/cert/ for more information and to apply.



Parks Commission Favorable to Honoring Zitkala-Ša

Toby McIntosh



The Arlington Parks Commission responded enthusiastically to the LPCA recommendation to rename Henry Clay Park for former Lyon Park resident and Native-American activist, writer and composer Zitkala-Ša.

At its July virtual meeting the Parks Commission forwarded the proposal on to the Historical Affairs and Landmark Review Board (HALRB), another step in the process which could culminate with County Board action later this year. (The LPCA nomination was approved unanimously at an open, virtual, June meeting.)

Completion of the park renovation is expected in the fourth quarter of 2020, "contingent on the delivery of the play equipment and furnishings," according a County official.

Under the County process, the LPCA has been asked to consult two neighboring civic associations, Ashton Heights and Clarendon-Courthouse, and the Neighborhood Conservation Advisory Committee (NCAC), whose members represent civic associations. Ashton Heights has voiced support.



In the wider world, Zitkala-Ša (Gertrude Bonnin) has been receiving recognition as part of the 100th centennial of women's suffrage. She was included in a special section published by *The New York Times* and her image will be among those projected on Mount Rushmore by the Women's Suffrage Centennial Commission.

Zitkala-Ša was a life-long advocate for many Native-American causes, including the Indian Citizenship Act (and the right to vote), which was passed in 1924. At the age of 19, in 1895, she gave a speech in which she said, "Half of humanity cannot rise while the other half is in subjugation. When women are kept down, men must necessarily occupy the same level."

She lived in Lyon Park from 1925 until her death in 1938, a period during which she and her husband founded the National Council of American Indians. Documents that cover her work in that period, including transcripts of congressional hearings, are included in a new book about her, "Help Indians Help Themselves," by Jane Hafen, whose introductory remarks called her "a spirited and determined woman."

Lyon Park Community Center Statement of Operations, Development and Changes in Cash Balances Fiscal Years July 1, to June 30,

Operations		2020		2019		2018
Revenue:	^	54.000	_	100 505	_	44.4.000
Community Center Rental Income Lyon Park Fair	\$	51,360	\$	120,565 1,627	\$	114,990 3,116
Other Income		18,968		522		33
Other Fundraisers and Donations		4,279	_	4,105		4,159
Total Operating Revenue	\$	74,607	\$	126,819	\$	122,299
Operating Expenditures:						
Community Center Operation and Maintenance:						
Rental Agent	\$	(23,933)	\$	(27,517)	\$	(27,075)
Utilities Maintenance and Administration		(7,265) (29,108)		(5,506) (43,149)		(7,592) (34,378)
Total Comnty Center Operation & Maintenance	_	(60,306)	7	(76,172)	-	(69,045)
rotal contraty contact operation a maintenance		(00,000)		(10,112)		(00,010)
Park Grounds, Trees, Playground		(4,250)		(23,515)		(4,502)
Community Events	_	(426)		(1,216)		(482)
Total Operating Expenditures		(64,982)	-	(100,902)	-	(74,029)
Net Operating Income	\$	9,625	\$	25,916	\$	48,270
Development Revenue & Expenditures						
Donations and Fundraising Revenue	\$	6,743	\$	45,190	\$	64,121
Interest & Construction line costs		: -		(5,886)		(10,797)
Construction Loan Draws (Repayments)	_	_	_	(123,872)		(109,049)
Total Development Related Expenditures, net	_	<u> </u>	_	(129,758)	_	(119,846)
Net Development Income (cost)	\$	6,743	\$	(84,568)	\$	(55,725)
Increase (decrease) in Cash Balances	\$	16,368	\$	(58,651)	\$	(7,455)
Security Deposits		(33,062)		8,621		10,576
Beginning Cash Balance		32,562	_	82,592	_	79,471
Ending Cash Balance	\$	15,867	\$	32,562	\$	82,592
Construction Loan Payable, net of escrow	\$	*	\$	<u> </u>	\$	123,872

Pay \$500 for a Cup of Coffee? Don't Risk it!!

Elaine Simmons



This morning a man decided the risk was worth it when he parked in front of an Arlington coffee shop in a very convenient space for <u>Handicapped Persons Only</u>. It took the county meter reader less than a minute to capture the information on his car, even though he was already speeding off. She confirmed he will be charged a \$500 fine.

The County is on the prowl for violators and citizens often help by calling in violations. So please, save yourself some money and, moreover, be considerate of the disabled by parking in a legal parking place.

Lyon Park Citizens Association Statement of Operations and Changes in Cash Balances Fiscal Years July 1, to June 30

Revenue Dues Advertising Event Revenue: Food Truck Social Donations: Newsletter Donations Other Income Total Revenue

Expenses

Other

Newsletter Design & Printing
Communication
Neighborhood Conservation Plan
Civic Federation Dues
Events:
Centennial Celebration

Total Expenses

Increase (Decrease) in Cash Balances

Beginning Cash Balances

Ending Cash Balances

2020	2019	2018		
\$ 2,970 19,512	\$	3,380 17,455	\$	3,742 14,574
-		1,070		
51 4,000		-		50 25
\$ 26,533	\$	21,905	\$	18,391
17,947 141 - 50 2,897 277		18,233 99 101 50		16,759 139 622 50
21,312		18,483		17,653
\$ 5,221 20,365	\$	3,422 16,943	\$	738 16,205
\$ 25,586	\$	20,365	\$	16,943



Hey Ace! A Little Birdie Told Us...(The Duffer's Dilemma)

Looking for information about the annual Golf Tourney? When asked for the dates, the organizer **G.A.S.P.'ed** and said says he **putted** around with the idea, but there's no **fairway** to **tee off** safely this year.

That's rough so it's been scratched. We all need to get a grip, take the eagle's view, acknowledge the pandemic is a handicap, and take a break this year. Of course, we asked him if the tourney will tee off next year, and he postured a bit, saying "If we see an alignment between a vaccine development and herd immunity, my stance would be, yes, we will bunker down and get the caddies back in swing. We have no intention of letting the tourney become an albatross or fade. That's no lie. Is that clear?"

Ummm...yes that's clear. No Golf Tourney this year, see you next year we hope!

Treasurer's 2020 Message Bill Anhut

The Lyon Park Community Center's (LPCC) fiscal year ended June 30, 2020, reporting the fourth year of operations for the renovated Community Center. (Financials are on page 18.) Unfortunately the Covid-19 outbreak curtailed the Community Center's operation from March until June. During those four months, we earned no rental income, refunded more than \$15,000 of prepaid rents, and returned more than \$33,000 of security deposits. Our healthy cash balance of \$32,600 at the beginning of the fiscal year was reduced to \$15.900 at vearend: readers should remember that much like homeowners have expenses even if they lose their employment, LPCC still incurred operating expense, although they were somewhat reduced.

LPCC's rental revenue decreased \$69,000 from \$120,600 to \$51,400. Our faithful volunteers canceled fundraising events including the Lyon Park Fair and the Chile Cook-off. Our autumn fundraisers, including the beloved Golf Tourney (announcement to the left), have also been canceled. Fortunately, the Plant Sale, Pancake Breakfast, Craft Fair and Yard Sale contributed more than \$4,000. LPCC received \$19,000 from Arlington County for sidewalk and construction easements related to the Pershing Drive Streets Improvement Project. Those revenue sources less expenses of maintaining the Community Center and grounds produced Operating Income of \$9,600, compared to \$25,900 last year. Since June 30, the Community Center has operated on a limited basis and our cash balances have increased to \$28,000.

The LPCA Financials

The Lyon Park Citizens Association (LPCA) ended the year with a cash balance of \$25,600, a \$5,200 increase over the prior year's ending balance. (See financials to the left.) Dues collected totaled \$3,000, in line with the prior year's total. Advertising revenue exceeded the costs of producing the newsletter by \$1,600. Generous sponsors of Lyon Park's Centennial Celebration donated \$4,000 to more than offset the weeklong event's net costs of \$2,900.

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