

Lyon Park Citizen

May 2019

Please pay your annual dues. See page 2

Lyon Park's listserv, located on NextDoor, is a secure, private social network and an easy way for neighbors to connect and share information. It's free.
Lyon Park neighbors use this app and/or website to:

- Report a roaming dog (or cat)
- Find a lawn guy
- Get recommendations for new windows
- Give away unneeded items

Join here:

www.nextdoor.com/join Code: SBCFNC

Next meeting:
Wednesday,
May 8, 7:00 PM
Lyon Park Community Center

President's Message

Spring is busting a move in Lyon Park, but trees and flowers aren't the only things that are beginning to blossom. Plans for our centennial celebration are budding, too. The celebration will culminate the third weekend in October (18-20), when we are planning to stage a family movie night, a Taste of Lyon Park Family Festival, and an evening gala. There are a number of events leading up to that in the works, including a commemorative poster contest in June and a Home & Garden Tour in September. We already have a strong corps of volunteers, but we will need even more if these plans are going to flower fully. You can sign up now at https://lyonpark.org, or at the next Lyon Park Citizens Association meeting on Wednesday, May 8.

If all goes well, the full slate of Centennial Celebration activities will be announced at the Spring Fair, which is being held at the park on Saturday, May 18. The annual fair has been a community fixture since 1924, and it has taken root because of the tireless efforts of volunteers. By lending a hand, you can help make this year's edition the best yet, which we would love to see because the fair is a major community fundraiser. During a recent Lyon Park Community Center Board of Governors meeting, it was noted that we are well within striking distance of paying off the mortgage on the 2015 renovations. A mortgage burning would be a great addition to our line up of Centennial Celebration activities. (Of course, you can also donate to the Community Center Renovation Fund at https://www.lyonpark.info.)

One thing that hasn't been blossoming as much as we would like is the LCPA membership roll. As Membership Chair Vicky Hush points out in her article on page 4, only a very small fraction of the more than 2,500 households in Lyon Park are members. We would like to get the membership numbers as high as the pollen count, and that's nothing to sneeze at.

We look forward to seeing you at the next meeting.

Darcy Rosenbaum and Peter Zirnite LPCA Co-Presidents



Classified Ads

GET SOMEONE'S ATTENTION! The *Citizen* is hand delivered to 1,900 households every issue. Use area code 703 below unless otherwise noted.

TEEN SERVICES

- Anne Bell, 17, Babysitter. Red Cross Babysitting certified, First Aid, CPR, and Automated External Defibrillator certification. Please text to schedule: 623-3507
- Toby Kant, 16, babysitter, dog walker/sitter, pet/house/plant sitter. Call/text or email to schedule: 626-0453 or tobyakant@gmail.com
- Logan Rowland, 16, babysitter, mother's helper, pet and plant sitter, Girl Scout certified, CPR, First
 Aid, AED certification, and medicine administration, experience with disabilities, (703) 915-2073 or
 loganashley@verizon.net
- Ella Bomberger, 13, mother's helper and babysitter. Red Cross certified. Text/call 571-775-9205 or email turtleflips10@gmail.com
- Mae Seward, 12, babysitter and mother's helper, Red Cross certified. Available weekends. Please call or text 473-3378.
- Kenna Geary, 15: babysitter and mother's helper Red Cross Babysitting Certified, pet and plant sitter, too! Please text 571-353-9259 or email kennageary8@gmail.com
- Lilly Loughney, 16, odd jobs including (but not limited to) pet sitting, dog walking, house/yard work, and babysitting/mother's helper. 298-9701 or lillyloughney12@gmail.com
- Luka Mota-Clem, 15, babysitter/helper/plant-sitter/dog-sitter/lawn-mower. CPR certified and nut-free. Email lukamotaclem@icloud.com or text (202) 294-9392.
- Sarah Eichorn, 12, babysitter, mother's helper, petsitter. Call/text 202-364-5874 or email lauramazz22@gmail.com
- Adalie Wilson, 17, babysitter or mother's helper. Worked as a camp counselor at Arlington County camps. Has experience working with children with disabilities and has Red Cross babysitter certification. Also available to pet and plant sit. E-mail aawilson54321@gmail.com or call/text 855-8279.
- Max Kiriakou, age 14, lawn mowing, raking, snow shoveling. Has own equipment. 862-3597
- Kate Kiriakou, age 12 1/2, babysitter or mother's helper. American Red Cross certified. 587-9277.
- Abby Kant, 14, babysitter, dog walker/sitter, pet/house/plant sitter. Call/text or email to schedule: 626-4531 or abbyjkant@gmail.com

Please Pay Your LPCA Dues! \$10/year, \$20/two years, \$250 for life Please complete this form (Hint: use a return address label!) and mail it with your check to: LPCA Membership, P.O. Box 100191, Arlington, VA 22201 Name Address Preferred phone E-mail May we add you to the community listsevr? ○ Yes ○ No Community Volunteer Interests (Check all that apply): Neighborhood Conservation **Spring Fair** ___Community Center and Park Traffic issues Development issues Newsletter Social Events (Holiday Party, Halloween) Trees/Conservation Homes and Gardens Tour All-purpose volunteer

The Lyon Park Citizens Association P.O. Box 100191, Arlington, VA 22201

LPCA EXECUTIVE COMMITTEE

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Vice-President/Development

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Vice President, Communications/Social Media

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vhush@yahoo.com

Sargeant at Arms

John Goldener

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Members at Large

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christalpca@gmail.com

COMMUNITY CENTER BOARD OF GOVERNORS

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Jeannette Wick

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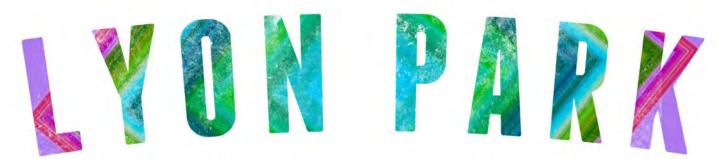
Send photos and articles to

lyonparkeditor@gmail.com

Distribution

Helen White (703) 527-2977

hmwhite33@verizon.net



Saturday, May 18, 2019 - 11am to 3pm

SPRING FAIR

vintage games * face painting * toddler zone moon bounce * cake-a-bout concessions * plant sale * bake sale

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LPCA Membership: Are you SURE you're an LPCA Member? Vicky Hush

Now that the weather is warming and neighbors are outdoors, it's even easier to get to know the community here in Lyon Park. If you want to feel connected, this is a place where you can make it happen. We try to look out for one another—pulling in bins when you're away, grabbing the mail, lending an emergency wet/dry vacuum when the basement floods (three times!), shoveling snow for those who can't, and celebrating life's occasions together—births, job changes, special birthdays.

I joined the LPCA Board more than three years ago when I wanted to understand the workings of our pocket of the County. Now, as we approach Lyon Park's centennial, there's a lot to learn about and learn from in our history. Being an active LPCA member doesn't take much and in my opinion acts a bit like a "homeowners association lite"—it gives us voice to the County on key issues and with the recent Neighborhood Conservation Plan, is helping to shape the neighborhood for years to come.

Since becoming Membership Chair in the fall, I've been somewhat quiet as I've cleaned up the membership records. My findings surprised me – with more than 5000 residents in 2500 households, there are only 200+ active members. Many people don't know that there is a membership option, or they think they already are members by virtue of how long they've lived here. Sound familiar? Here are FAQ's on LPCA Membership:

What is LPCA Membership?

The Lyon Park Citizens Association is a nonprofit, non-partisan organization established to promote the welfare and advancement of the Lyon Park community in particular and Arlington County in general. The Association seeks to represent the Lyon Park community's interests at public hearings and meetings and to distribute information on issues of concern to the community.

Why should I become a member?

For the price of two lattes at Northside Social, you become an active LPCA member. Only members can vote at LPCA meetings.

How does membership work?

Lyon Park residents and residence owners are eligible for membership in the Lyon Park Citizens Association. LPCA does not accept membership applications from businesses and organizations. Membership dues are \$10 annually, \$20 for two years, or \$250 for a lifetime membership.

How do I find out if I'm a member?

Remember, just because you have lived here for a long time, that doesn't mean your membership is active! We love the combination of those who have lived here for years (even decades) and those that are newcomers.

We are working to make it easier to search and see if your membership is active. In the meantime, please send an email to lyonparkpresident@gmail.com to find out.

Will Wine-in-a-Box Replace Finer Vintages?

That's a question that comes to mind as Arlington removes glass from its single stream recycling. If you follow the Ashton Heights listserv, you'll know that conversation has been brisk about the "glass issue" and Arlington's solutions to the problem.

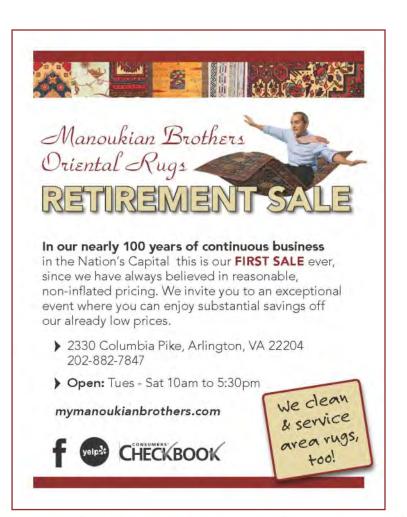
In short, glass containers are heavy and glass's recyclable market value has fallen drastically. This presents an economic dilemma for the County. The County is asking residents to

- Buy fewer products in glass containers and more in recyclable metal or plastic
- Reuse glass containers for storage and other purposes
- Drop glass recyclables in new, presorted glass-only containers at the County's two recycling drop-off centers for crushing and reuse as construction and landscaping material.

Lyon Park's nearest drop-off is a purple collection dumpster at Quincy Park.

If you cannot transport your glass recycling, the County directs you to throw it in your black cart. It will be incinerated.

The discussion on Aston Heights' listserv was robust, with neighbors raising many good points. For now, consider buying wine in boxes!



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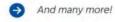


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Advertise in The Lyon Park Citizen

The Lyon Park Citizen is hand delivered to 1,900 homes around the 10th of the month from September through June (10 issues), with artwork and copy due the 20th of the previous month. These are our advertising rates:

Ad size	Measures (In inches)	Cost
Business card	3.5 by 2.3	\$85/month color \$59/month B&W
Quarter page	3.5 by 4.5	\$130/month color \$89/month B&W
Half page	7.5 by 4.5	\$210/month color \$149/month B&W
Full page	7.5 by 9.5	\$350/month color \$249/month B&W
Full page free- standing insert	8.5 by 11	\$450/month color \$400/month B&W

We offer a 5% discount for residents who have paid their LPCA dues, and an additional 10% discount for advertisers who commit to three or more months in a row. A designer will draft artwork for an extra 10% charge. Contact

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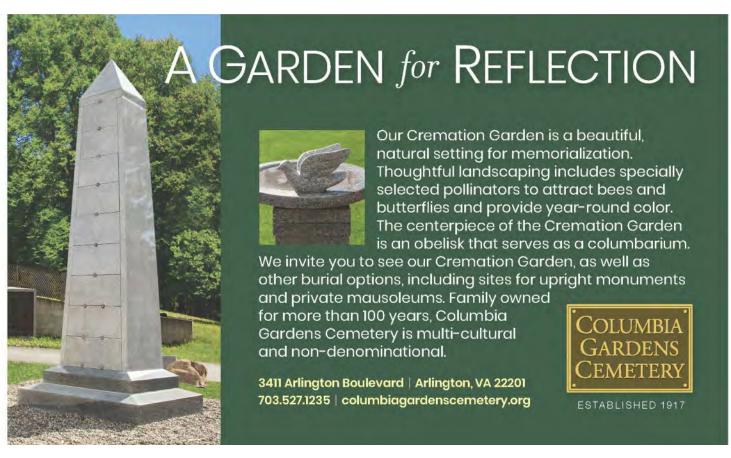
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Community House Rental Rates

Lyon Park and Ashton Heights residents are eligible for resident rates, but cannot sponsor non-resident events.

Monday - Thursday (8 AM-5 PM, 4 hour minimum)

<75 guests, \$50/hour resident; \$100/hour non-resident >75 guests, \$75/hour resident; \$100/hour non-resident

Monday - Thursday evening (6-10 PM)

<75 guests, \$200 resident; \$400 non-resident >75 guests, \$300 resident; \$400 non-resident

Friday, Saturday, Sunday, Holidays HALF DAY (8 AM-2:30 PM or 3:30-10 PM):

\$400 resident; \$900 non-resident

WHOLE DAY (8 AM-10 PM):

\$750 resident; \$1,600 non-resident

Children's Birthday Rates for children 10 and under. maximum 40 attendees, booked <2 months in advance: Two time slots (8:30-11:30 AM) OR (12-3 PM) - Includes set up and clean up. If your party lasts longer than 3 hours, please rent at the half-day rates above.

\$150 resident; \$400 non-resident

Grounds preservation fees:

- \$30/inflatable (can only be rented from Arlington TEAM)
- \$100/floored tent, \$30/pole tent
- \$100 grounds fee for ponies and petting zoos

Use of inflatables and/or tents must be approved in advance and specified in rental contract.

A security deposit is required for all rentals.

MAKE A RESERVATION TODAY!

Check online calendar for availability and complete the online reservation form at www.lyonpark.info



Find news and more pictures on Facebook at https://www.facebook.com/lyonparkcommunitycenter

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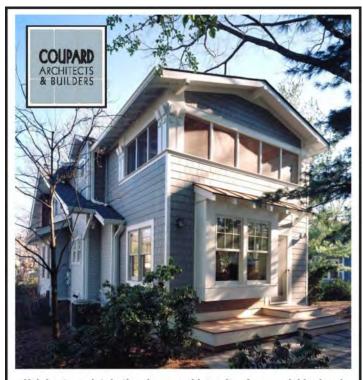
Call Maryen or Raul at 703-321-5335

Green Space

The Arlington County Board approved a plan for public spaces that envisions a network of publicly- and privately-owned public spaces connecting the County's established neighborhoods and growing corridors to natural areas. The framework protects valuable natural resources, providing opportunities for structured and casual activities and ensuring access to the Potomac River, Four Mile Run, and their tributaries.

Priority actions include adding at least 30 acres of new public space over the next 10 years and ensuring access to spaces that are intentionally designed to support casual, impromptu use and connection with nature.

Find more here: https://tinyurl.com/yxawurmo



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Mulch Much?

About 20 stalwart workers gave up their Saturday morning on April 13 to beautify the Lyon Park Community Center grounds and help keep its trees healthy.

Wielding rakes, shovels, and wheelbarrows, they moved mountains of mulch to cover the 60 trees and other plants in the park.

Grateful thanks to organizer Bill Anhut, all of the workers, and the neighbors who donated wheelbarrows and other tools!



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Lyon Park Centennial Part 4: Engagement Through the Ages

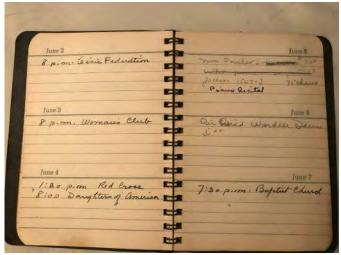


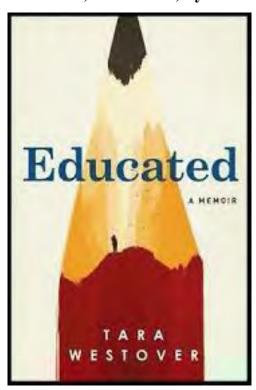
In its earliest days, Lyon Park was full of young families, much like it is today. At the turn of the century, the area was home to brothels, gambling houses, and saloons, which Frank Lyon sought to shut down. By 1920, families were moving into "starter" homes, and, according to the Historical Analysis of Lyon Park completed in 1988, new owners would sometimes live in a small shack on their property.

which then became a garage or shed once the main house was completed.

When the Lyon Park Community Center opened in 1925, it immediately became a gathering place for the growing Clarendon neighborhood. From the beginning, various clubs and organizations, both civic and social, rented the Community House. In the 20's, the activities included dinner dances, monthly entertainment (pantomimes), meetings of the Boy Scouts and Girl Scouts, and morning kindergarten. By 1942, as Lyon Park experienced wartime growth, the Community House was the regular meeting site for the Red Cross, Daughters of America, the Air Raid Wardens, the Baptist Church, the Arlington County Civic Federation, Arlington Forest's Citizen Association, various dance classes, the Lyon Park Citizens Association (LPCA), and the Lyon Park Women's Club. The diary from 1942 suggests a vibrant hub of engagement at the Community House, not just for the immediate neighbors but for all of Arlington.

One hundred years later, the Lyon Park Community Center with its leafy park continues to engage the community, through the robust civic efforts of the LPCA, social gatherings like the Halloween bonfire, fundraisers including the Spring Fair, or even just as the destination for a slow walk on a lovely Spring day!





Westover's life as the youngest of seven born to survivalist parents, isolated in the mountains of Idaho, stands as a testament to faith being stronger than family, than a mother's love or a father's protection. Unschooled Westover worked along side her parents, making herbal remedies or collecting scrap metal to recycle.

The most amazing realization is that none of the children died from parental neglect. Simple things like lack of exposure to others accounts for successfully negotiating childhood unvaccinated, but that they survived horrific man-on-fire accidents and more, without benefit of clinic or doctor, is astounding. Similarly her manic-depressive brother's acts of violence against her, calculated to make her confess to being a whore, went unchecked. Although she survived, Westover's total mental collapse when faced with the punitive withdrawal of her parents' love and support demonstrates the depth of those early childhood traumas.

Westover does more than survive. Self taught, she passed her entrance exams for Brigham Young University and earned her BA, won a Gates Cambridge Scholarship, earned her MPhil at Trinity College, Cambridge, was a visiting fellow at Harvard, and earned a PhD in history, also from Cambridge. Still she had to learn personal hygiene from her BYU roommates.

Stylistically easy to read this memoir has traumatic moments. Just like honor in some societies may drive a father or brother to kill an unmarried, pregnant daughter/sister, here faith in God upsets the conventional perception of what family should be.

Westover opens her story with the quote from John Dewey ("I believe finally that education must be conceived as a continuing reconstruction of experience") which is exactly what Westover does. She examines her life as she re-experiences and re-evaluates her personal history, neatly circling around to her own last paragraph: "You could call this selfhood many things. Transformation. Metamorphosis...I call it an education."

Educated, A Memoir, by Tara Westover. Random House, NY, NY., 2018. SBN 978-0-399590-504. 320 pp. \$28.00.

C	Community Engagement Opportunities, Arlington Public Schools
	Arlington Public Schools has several events coming up that may be of interest to you!
Thursday, May 9	School Board meeting*. School Board Adopts FY 2020 Budget. Full agenda posted one week prior.
7 PM	Syphax Education Center, 2nd FL S, 2110 Washington Blvd. 22204
Saturday, May 11	Festival Argentino 2019 – Music, Dance Performances and Food!
4-10:30 PM	Kenmore Middle School Auditorium, 200 S. Carlin Springs Rd. 22204
Thursday, May 16	Arlington Reads: Poet Laureate of the US Tracy Smith talks about her biography, hosted by Arlington Public Library
7 - 9 PM	Arlington Central Library, Barbara M. Donnellan Auditorium, 10 15 N. Quincy St. 22201
Thursday, May 23	School Board Meeting:* Honored Citizens Recognition. Full agenda posted one week prior.
7 PM	Syphax Education Center, 2nd FL School Board Room, 2110 Washington Blvd. 22204
Wednesday, May 29	School Board Work Session on One-to-One Study*
7 - 9 PM	Syphax Education Center, 2nd FL, 2110 Washington Blvd. 22204
Thursday, Jun 6 7 - 9 PM	School Board meeting*. Agenda posted one week prior. Syphax Education Center, 2nd FL School Board Room, 2110 Washington Blvd. 22204
** Watch Work	*View Board meetings live online or on Comcast Channel 70 or Verizon Channel 41. Sessions live online at https://www.apsva.us/school-board-meetings/school-board-work-sessions-meetings/. Work sessions are opened to the public but no public comments are accepted. Visit www.apsva.us/Engage to stay up-to-date on engagement opportunities.

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The Science of Sugar Cookies

Kathleen Golebiewski

Baking has always soothed me. There's no guesswork—all the ingredients are measured and added in a particular order to create something amazing. It's a science. One of my favorite recipes is sugar cookies—super easy to make, and good for any season.

Fun fact—the use of baking soda or baking powder can make or break the cookie! Both are leaveners (aka make the cookie rise by a release of carbon dioxide) and are chemically basic, but baking powder contains an acid—usually cream of tartar. Because of this acid, baking powder is labeled as 'double-acting,' causing two releases of carbon dioxide for leavening.

The catalysts for baking powder are first moisture, then heat. The moisture in the batter is the butter, egg, and vanilla extract. The heat should be from baking in the oven—however, we have to first mold and cut the cookies into shapes. This heat from our hands shaping and moving the dough around can cause sugar cookies to become puffy and not hold their edges.

But sugar cookies are supposed to be flat—why are we using double-acting baking powder? Well, for one, sugar cookie dough doesn't have any other major acidic ingredient in it—adding baking soda wouldn't do anything but leave it with a soapy, metallic taste (yeah, I've done it). Two, we don't want a cookie that's as hard and dense as a rock.

The secret to the perfectly flat sugar cookie? The freezer. By placing the rolled-out dough in the freezer for five minutes, then again after cutting the cookies, you are stalling the release of carbon dioxide. The less the formation of carbon dioxide before the cookies go in the oven, the sharper-edged the cookie. Perfect for decorating with butter icing or royal frosting!

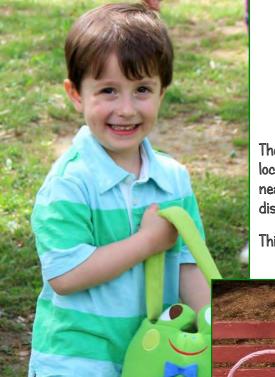
Ingredients:

- 3 cups all-purpose flour
- 1 tsp baking powder
- 1 cup salted butter, room temperature
- 1 cup sugar
- 1 large egg
- 1 tsp vanilla extract

Directions:

- 1. In a medium bowl, stir together the flour and baking powder. Set aside.
- 2. In the bowl of an electric mixer, using the paddle attachment, cream together the butter and sugar until light and fluffy. This should take 2-3 minutes.
- 3. Add the egg and vanilla and beat another minute or so.
- 4. Add the flour mixture slowly.
- 5. Blend until all of the flour is incorporated. The mixture will look crumbly at first but just keep blending until the dough begins to pull away from the sides of the bowl.
- 6. Remove the dough from the bowl and knead by hand just a bit to form a smooth ball. Roll dough onto a lightly floured work surface, or onto a piece of plastic wrap.
- 7. Cut cookies into desired shapes and place entire baking sheet of unbaked cookies into the freezer for 5 minutes.
- 8. Preheat oven to 350°F and bake cookies in preheated oven for 9-11 minutes, depending on the size and thickness of your cookies.
- 9. The cookies are baked when then are no longer shinny on top, but they will not show much of any change in color.
- 10. Cool on baking sheet just a minute or so, then carefully move to a wire cooling rack and allow to cool fully before decorating.



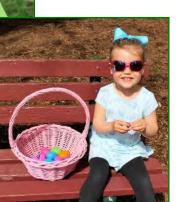


Thank You.

Lyon Park Fellowship!!!

The neighborhood thanks Lyon Park Fellowship, the lovely and welcoming church located at 716 N. Barton Street, for another wonderful Easter Egg Hunt. Children from near and far scooped up 4500 candy-filled plastic eggs that were lovingly filled, distributed, and collected when empty by church members.

This is an engaging, generous gesture on the church's part. AND FUN.







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> web: www.Kinderhaus.com (for news and events) email: kinderhaus@comcast.net

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THIS SATURDAY! CUPCAKE SALE 8 AM-1 PM EGG HUNT-11 AM

All photos: Jennifer Hart

Cupcake Sale Sugars Up the Community

The April 20 cupcake sale was another winner, with approximately 800 cupcakes finding their way home with neighbors in a few short hours. As always, the kids were the most fun to watch and we've included pictures here.



We had a few surprises. First, there was inordinate interest in Elizabeth Wray's ice cream cone cupcakes (pictured left). Kids just love these, and they flew off the table. The youngster in the "How's My Driving?" tee shirt below is enjoying one.

Speaking of those cupcakes, we kept an eye on one woman who kept circling back to those cupcakes and inspecting both the cupcakes and

the tray in which they were baked and displayed. She would also purchase one cupcake, eat part or all of it, then return for a different flavor. Finally, it was time for a confrontation, gentle though it was. She admitted being a scout for a local bakery looking for cupcake ideas!!! We've made it to the big time.

Finally, one super-duper kid in the neighborhood has a serious gluten allergy. We've made gluten-free cupcakes with varying degrees of success (and many failures) in the past. This time, they were SPECTACULAR. They were the pink-frosted cupcakes, lower left, and they attracted much attention. The team of oldsters in the kitchen learned something thanks to this young lady!



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Visit the Garden Group's Plant Sale at the Spring Fair on May 18!

You'll find a remarkable selection of plants and other garden-related items at reasonable prices.

And, knowledgeable neighbors will also be available to answer your questions.

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Home in Arlington, VA

